



Systèmes de Référence Temps-Espace

SYRTE

Atomic time: past, present & future realizations

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Journée scientifique : la seconde atomique à cinquante ans

October 13th 2017

Observatoire de Paris, France

Topics covered in this presentation



- Concepts underpinning atomic time
- 3 generations of atomic frequency standards
- From frequency standards to timescales
- Frequency standards in the curved space-time

Periodic phenomena and the idea of time



- ❑ **Humans perceive phenomena that seem to repeat regularly**
 - Day/night cycles, oscillations of a pendulum, cardiac cycles, etc.

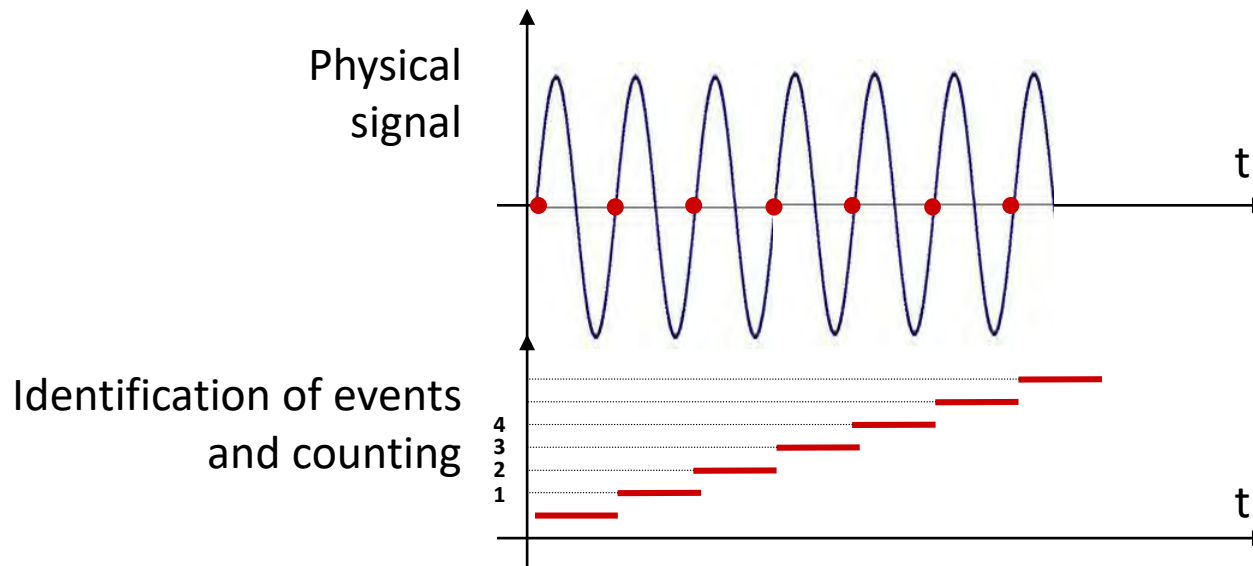
- ❑ **Succession of identical events can be counted and labelled**
 - Sun at meridian, extremum of pendulum motion, etc.

- ❑ **Labelled events can be used to mark other phenomena**
 - Works if no error is made in counting and if the origin of counting process is agreed upon

- ❑ **Many different such scales are found consistent at some level**
 - → leads to the idea, to the possibility and to the usefulness of time, the continuous variable t used in physics

Fundamentals of realizing time intervals

□ Observing and counting a periodic physical signal



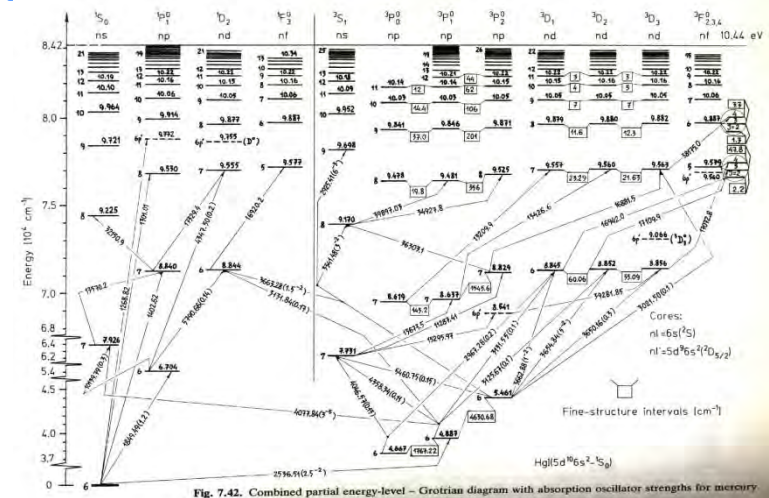
□ Quality of time intervals determined by the stability of chosen periodic phenomenon

- → **Frequency standard** to generate periodic signal whose frequency is as stable as possible

□ Realization of time intervals should be as universal as possible

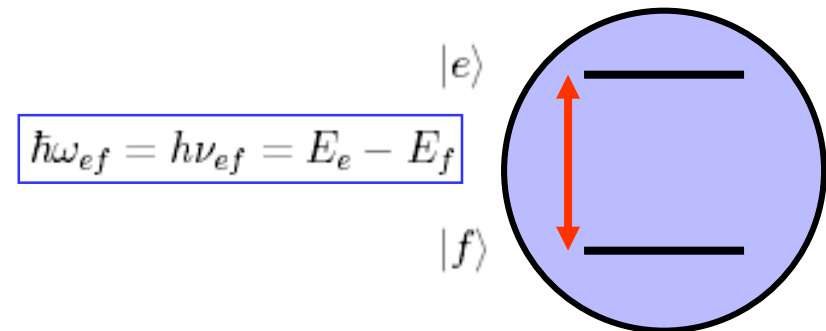
A universal & (almost) perfect reference

□ Atoms have quantized, discrete energy levels



□ Energy differences between levels correspond to frequencies

- via Planck's relation



□ Bohr frequencies of an unperturbed atom are thought to be perfectly stable and universal

- Two atoms of the same atomic species are identical
- Atoms do not wear up or age

Definition

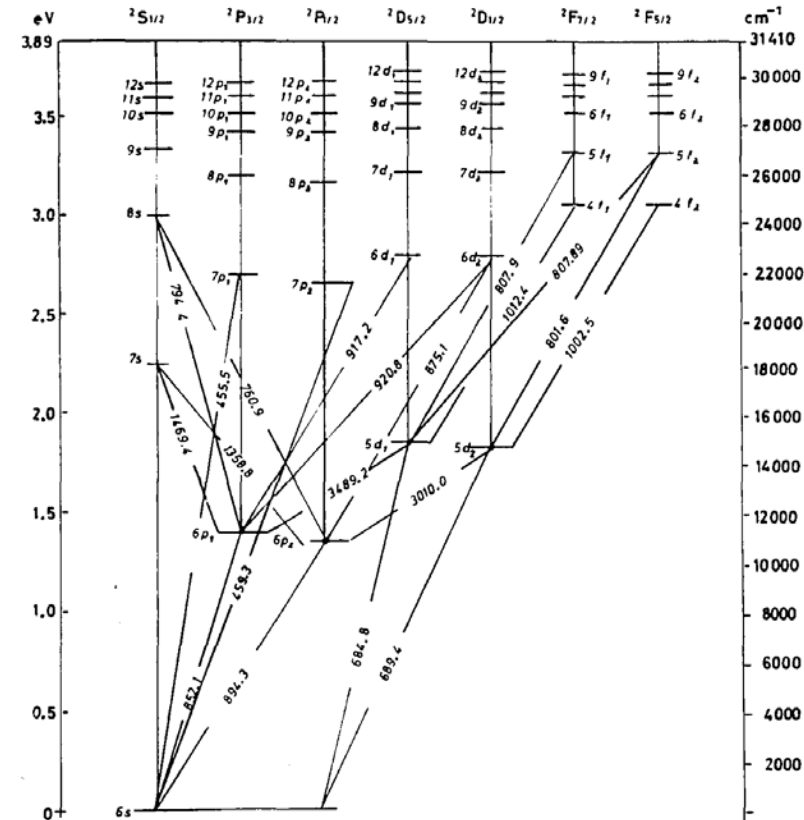
- ## ❑ Hyperfine interaction

-

9 192 631 770 Hz

F=4

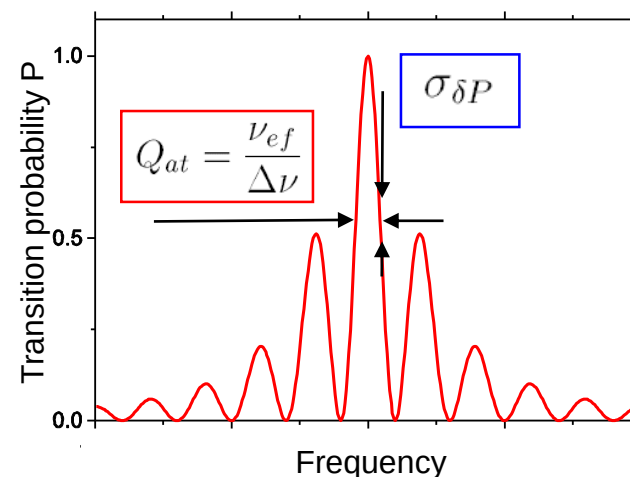
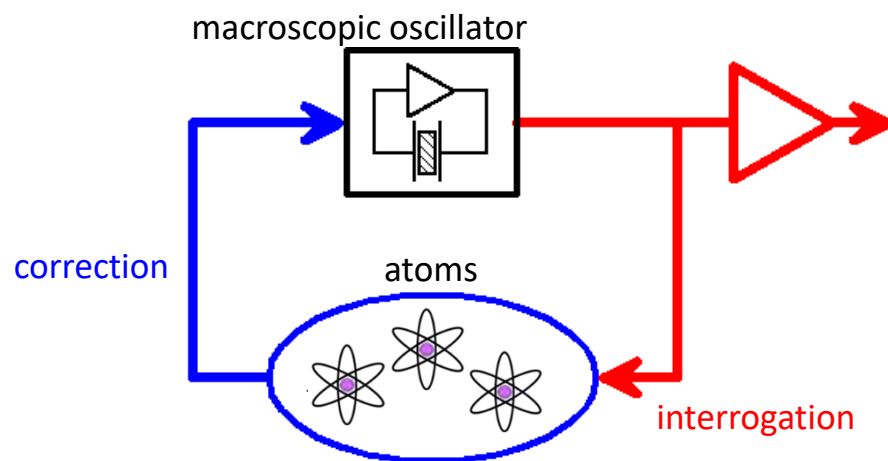
F=3



Principle of atomic frequency standards

S Y R T E

□ Building blocks of an atomic frequency standard



□ Output of a frequency standard

- Macroscopic, practically usable oscillatory electromagnetic signal whose frequency is connected to the atomic transition
- With frequency offset and noise

$$\omega(t) = \omega_{ef} \times (1 + \varepsilon + y(t))$$

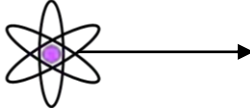
□ Essential properties of atomic frequency standards

- Accuracy: overall uncertainty on ε
- Stability: statistical properties of $y(t)$, characterized with $\sigma_y(\tau)$

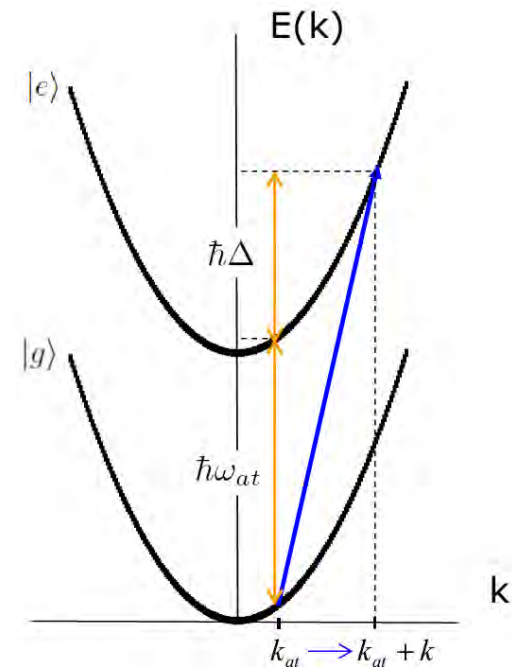
Physics underneath (stability and) accuracy S Y R T E

□ Effects of external motion

- Kinetic energy adds to the internal energy
a continuum of energy
- → Limitation of interrogation duration
- → Doppler shift
- → Recoil shift
- → Relativistic time dilation



$$E_{\text{kin}} = \frac{1}{2} m_{\text{at}} v^2$$



□ A concern for all atomic frequency standards

- Magnitude of Doppler shift
- → hot atoms: $100 \text{ m.s}^{-1} \rightarrow \frac{\delta\nu}{\nu} \sim \frac{v}{c} \sim 3 \times 10^{-6}$

□ Three generations of atomic frequency standard

- → enabled and characterized by breakthroughs in ways to dealing with external motion

Physics underneath (stability and) accuracy S Y R T E

□ Effect of thermal radiation

- Blackbody radiation = electromagnetic radiation in thermal equilibrium with the environment, described by Planck's law, Stefan-Boltzmann law, etc.

- Atoms are unavoidably immersed into this field

- Fluctuating electric (and magnetic) field

$$\langle E^2 \rangle^{1/2} = 831.9 \text{ V.m}^{-1} \text{ at } T_0 = 300 \text{ K}$$

$$\langle E^2 \rangle = K_E \left(\frac{T}{T_0} \right)^4$$

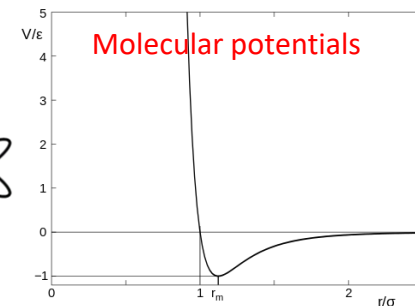
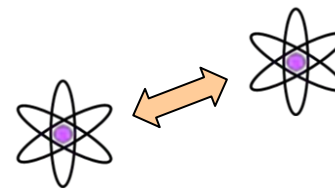
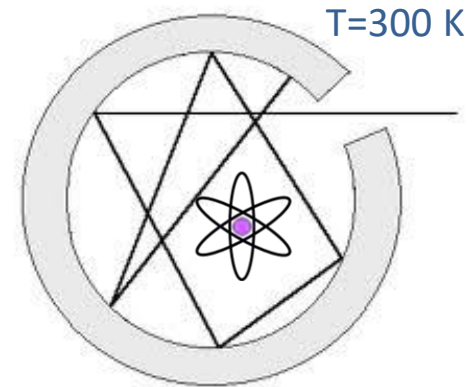
- Causing a frequency shift

$\sim -1.7 \times 10^{-14}$ for Cs

$$\delta\nu \simeq -\frac{1}{2\pi\hbar} \times \frac{1}{2} \Delta\alpha \langle E^2 \rangle$$

atomic coefficient

external field



□ Interatomic interactions

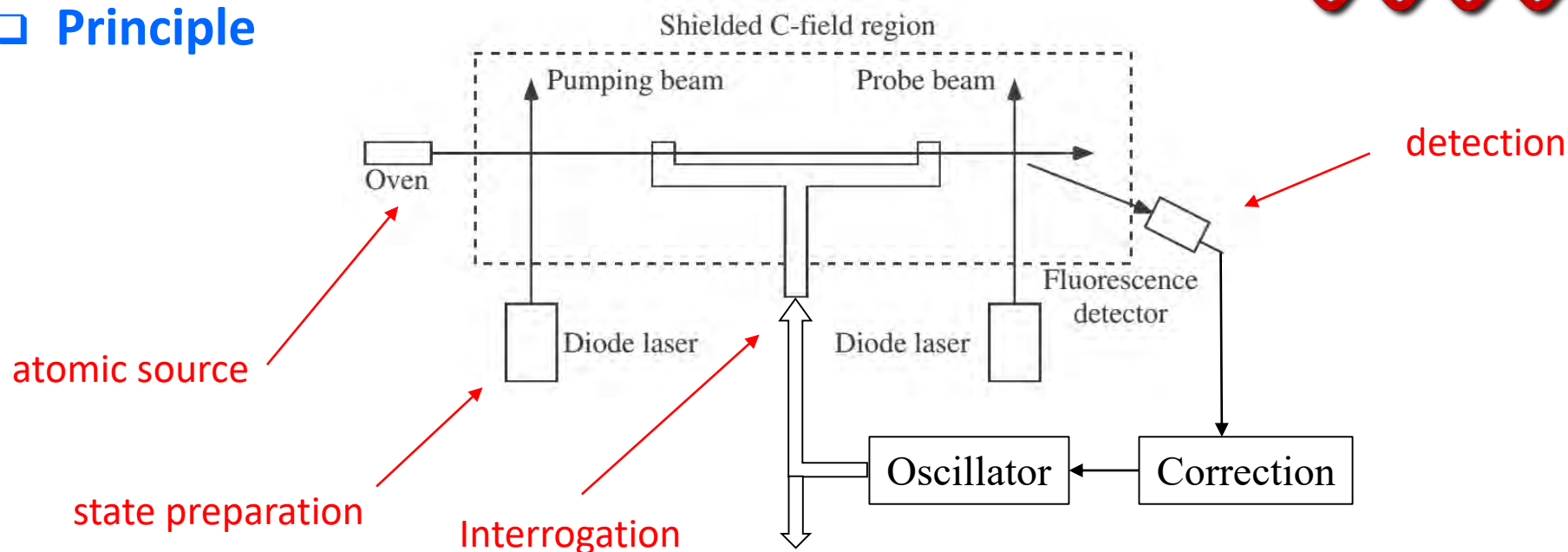
- Shift depends on atomic density
- Can exhibit complex physics especially in the cold/ultra-cold regime

□ Plenty of other physical and technical effects

- Frequency standards do not come with a comprehensive list

1st generation: thermal atomic beam

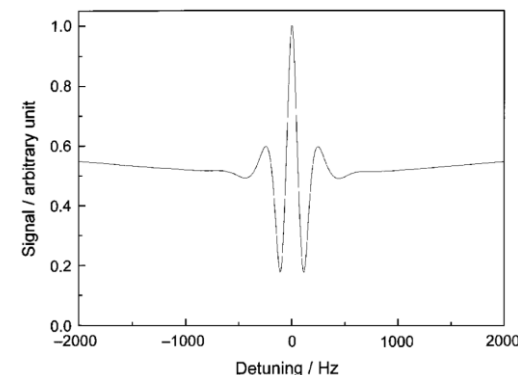
□ Principle



□ Characteristics

- Velocity/velocity spread $\sim 100 \text{ m.s}^{-1}$
- $\Delta\nu \sim 100 \text{ Hz}$, $Q_{\text{at}} \sim 10^8$
- Stability: 3.5×10^{-13} in 1 s
- Accuracy: 5×10^{-15}

Error no larger than <1 hour over the age of the Universe



□ Control of external motion

- Standing wave in Ramsey cavity, beam reversal, determination of velocity distribution

Thermal beam primary frequency standards

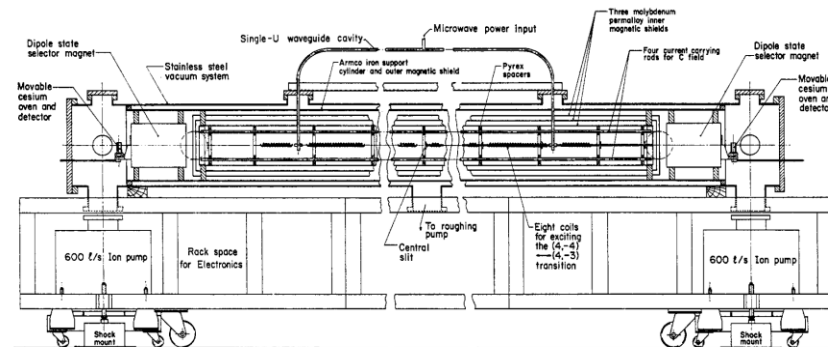
SYRTE

❑ Institutes

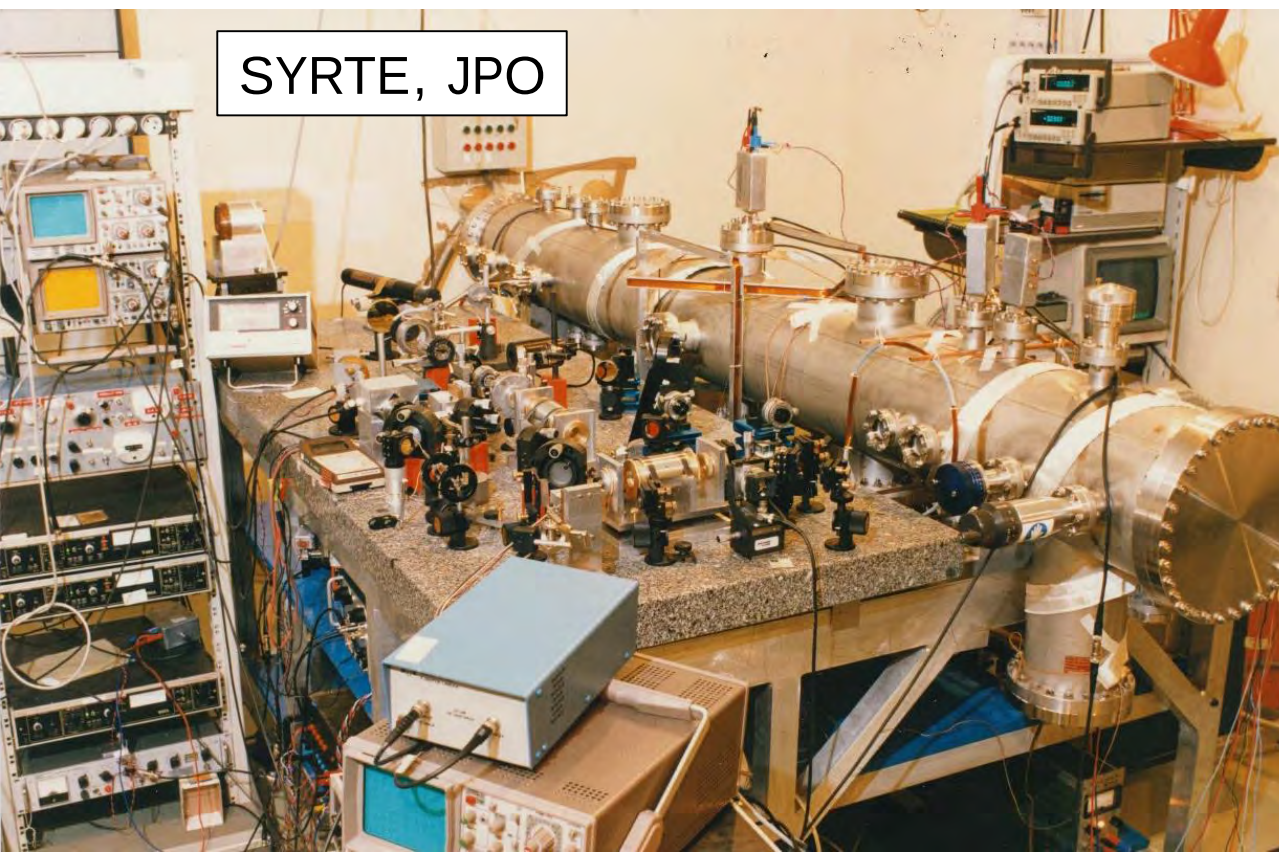
- NIST, PTB, NRC, CRL, SYRTE, etc.

❑ Use until now

- Cs transition first observed in 1952
- PTB-CS1 & CS2 still calibrating TAI
- SYRTE-JPO stopped in 2010



NRC, CESIUM V



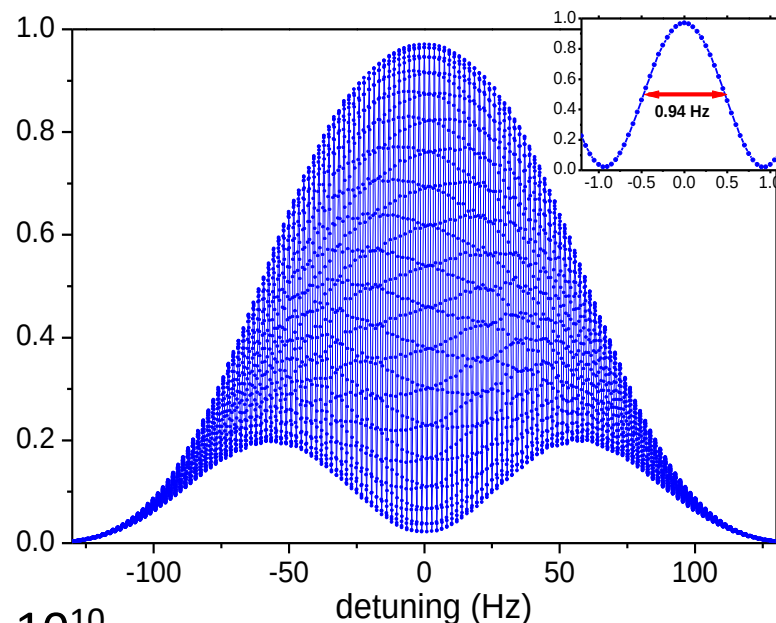
SYRTE, JPO

2nd generation: laser-cooled atomic fountain

S Y R T E

□ Principle

- Laser-cooled atomic sample
- Velocity spread $\sim 1 \text{ cm.s}^{-1}$



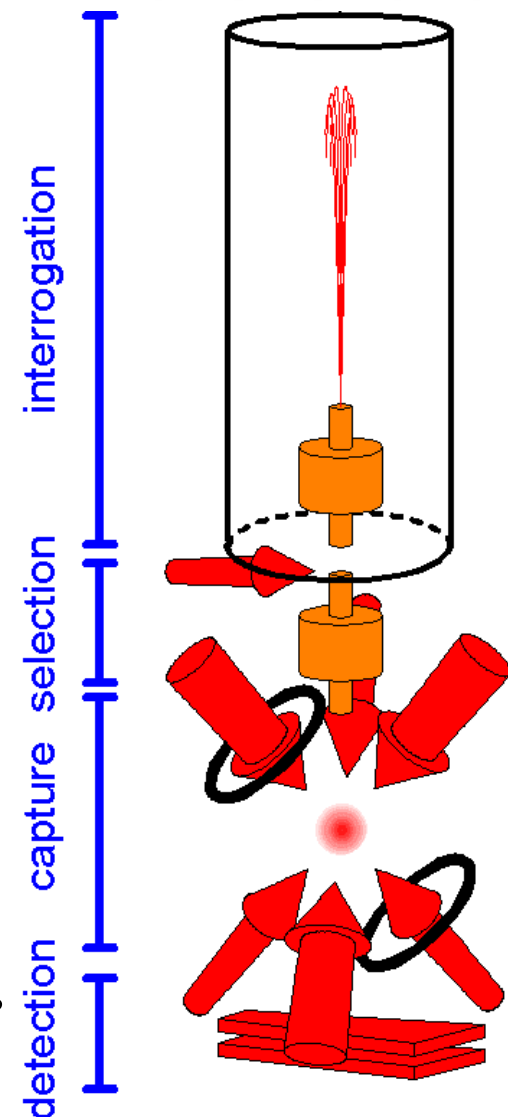
□ Characteristics

- $\Delta\nu \sim 1 \text{ Hz}$, $Q_{\text{at}} \sim 10^{10}$
- Stability: 1.5×10^{-14} in 1 s
- Accuracy: 2×10^{-16}

Error no larger than $<100 \text{ s}$ over the age of the Universe

□ Control of external motion

- Cold atoms, standing wave in Ramsey cavity, reversal of trajectories due to gravity



Fountain primary frequency standards

□ Institutes

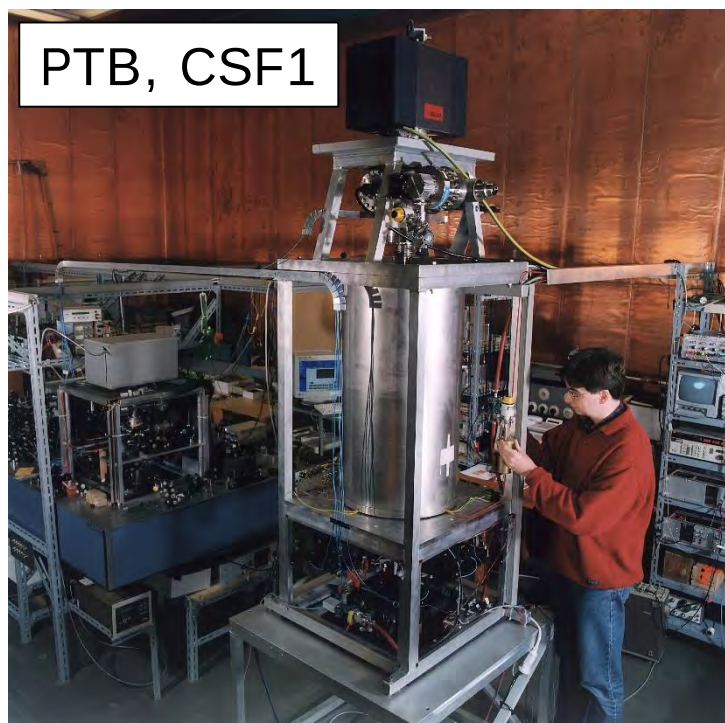
- SYRTE, PTB, NPL, NIST, INRIM, etc.
- Proof-of-principle 1989 (Stanford) & 1991 (LKB with SYRTE+NIST)
- 1st fountain standard 1995 (SYRTE)

□ Define the accuracy of TAI

- → accuracy delivered to users

□ Used to steer some local timescales

- UTC(USNO), UTC(PTB), UTC(OP)



TAI calibration's by primary frequency standard

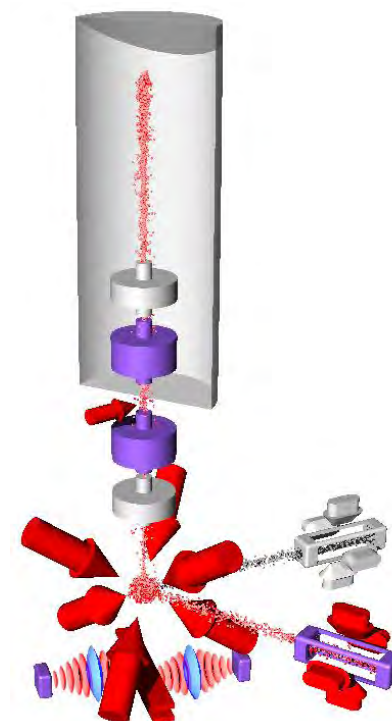
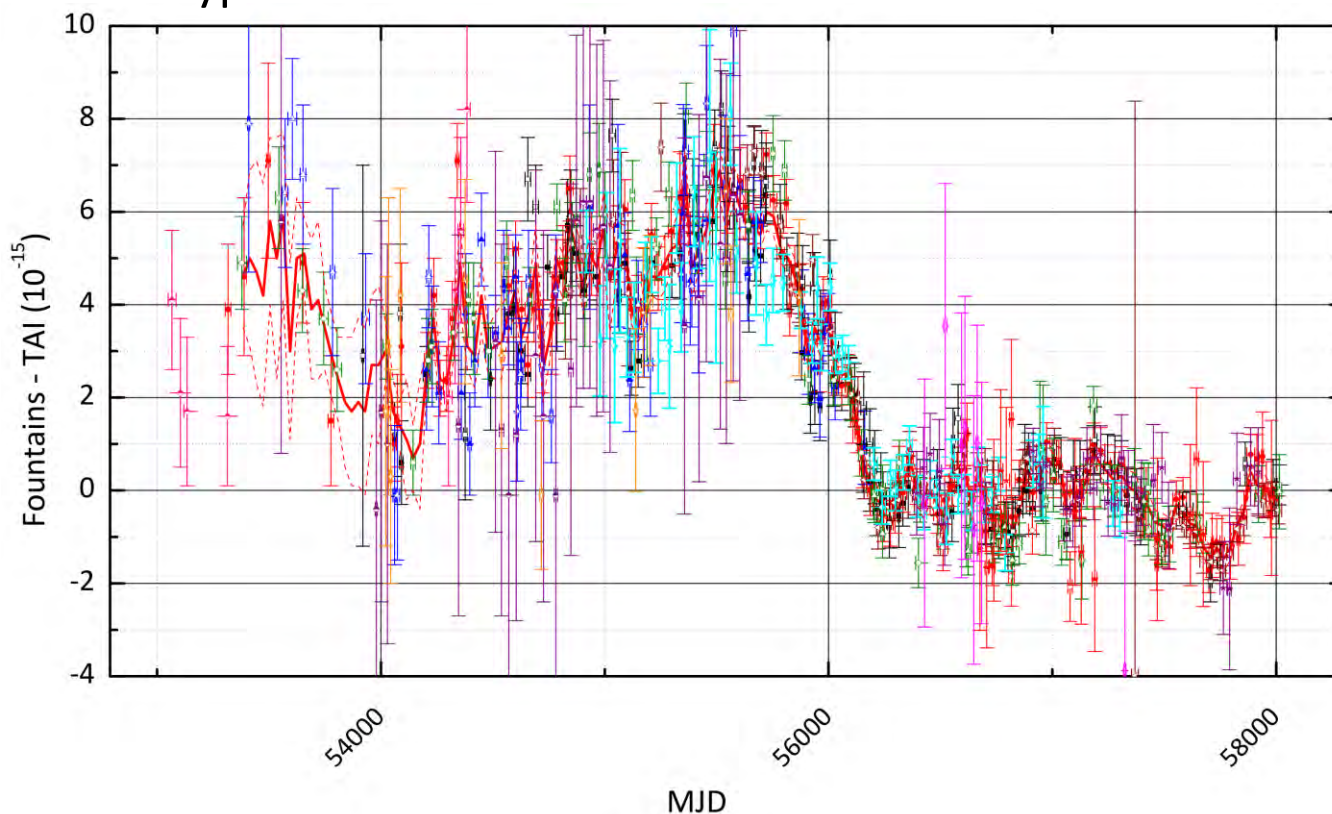
SYRTE

□ A demanding task

- 14 Cs fountains from 10 institutes contributed at least once
- The vast majority of calibrations come from 3-4 institutes
- Over 15 years, LNE-SYRTE provided >200 calibrations, more than 40%

□ Not only with Cs

- SYRTE pioneered using a **secondary representation of the SI second**, the ^{87}Rb hyperfine transition

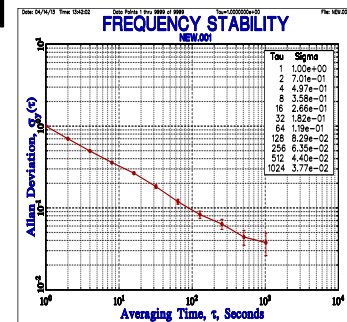
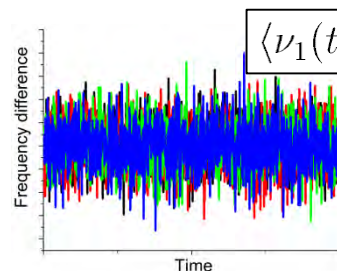
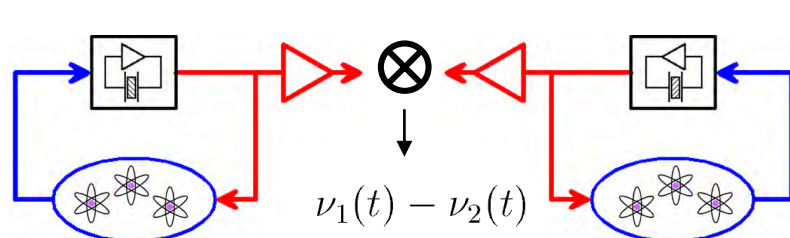


SYRTE, FO2-Cs & FO2-Rb

From frequency standards to timescales

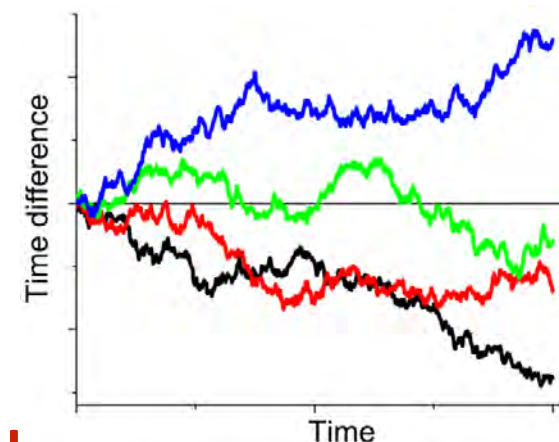
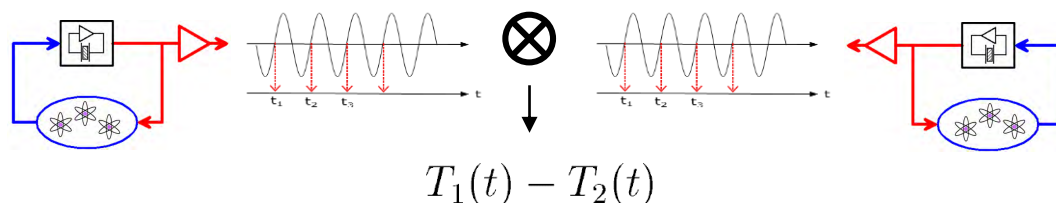
□ How to know that the accuracy is (probably) right?

- Comparisons of 2 (or more) identical standards are essential



□ Two completely independent timescales diverge from each other

- random walk (or worse) of the time difference



□ A single shared conventional reference timescale

- Needed for consistent worldwide timekeeping
- TAI/UTC and local physical realizations UTC(k) steered to UTC
- Note: TAI/UTC diverges the same way with respect to an ideal representation of time

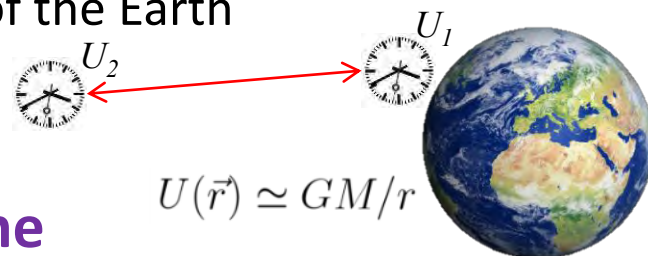
Frequency standards in the curved space-time

S Y R T E

□ Space-time is modified in the vicinity of massive objects

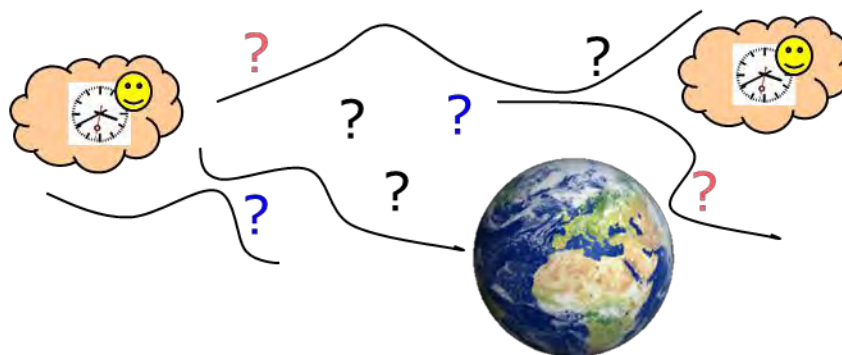
- Described by Einstein's general relativity
- gravitational redshift: $10^{-16}/\text{m}$ at the surface of the Earth

$$\frac{\nu_2}{\nu_1} = \left(1 - \frac{U_2 - U_1}{c^2} \right)$$



□ A frequency standard realizes its proper time

- Valid only in a small surrounding volume that can be considered flat



$$d\tau \simeq \left(1 - \frac{U(T, \vec{R})}{c^2} - \frac{1}{2} \frac{\vec{V}^2}{c^2} \right) dT,$$

□ Unavoidably, frequency standard comparisons in the vicinity of the Earth are general relativity experiments

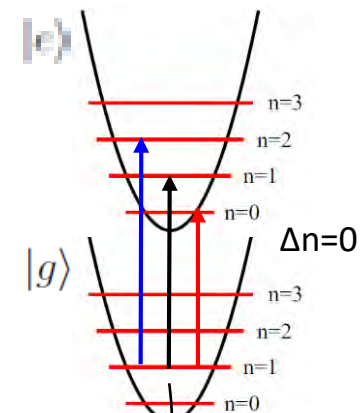
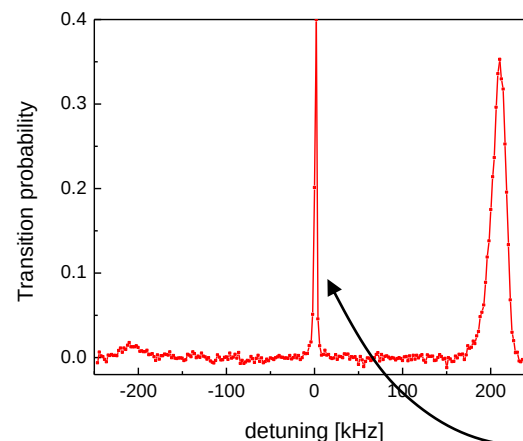
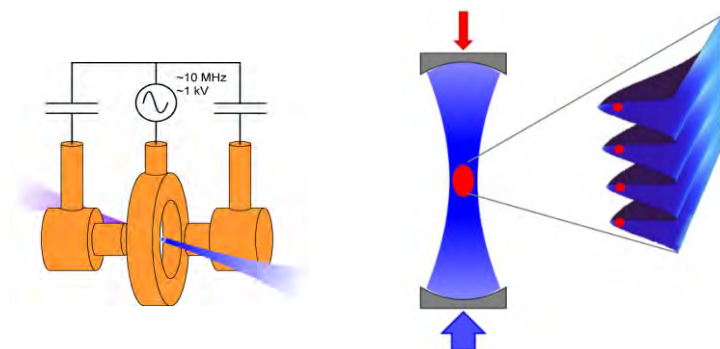
- Need to define a global coordinate system
- Need to account for gravity precisely
- Elaboration of TAI is no exception. *TAI is a realization of TT itself defined by a constant rate wrt to TCG, etc.*

3rd generation: optical frequency standards

S Y R T E

□ Principle

- An optical transition: $10^{14} - 10^{15}$ Hz
- → Probed with ultra-stable laser light
- Tightly bound atoms giving quantized states of motion
- → Lamb-Dicke spectroscopy



□ Characteristics

- $\Delta\nu \sim 1$ Hz on the optical carrier, $Q_{\text{at}} \sim 10^{15}$
- Stability: 1.4×10^{-16} in 1 s (optical lattice clock)
- Uncertainty: as low as 2.1×10^{-18}

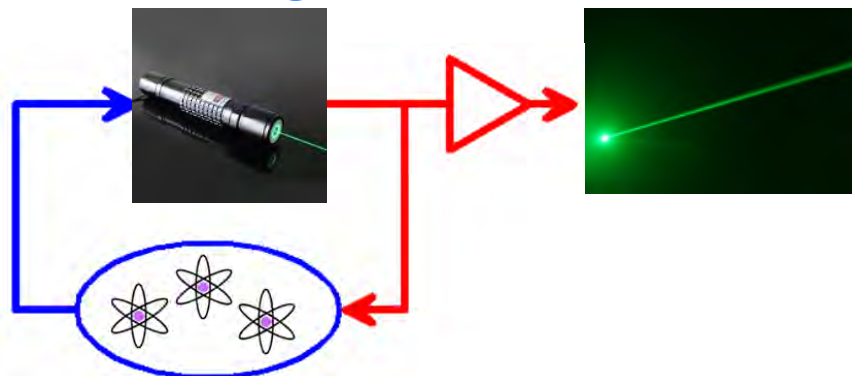
Error no larger than <1 s over the age of the Universe

□ Control of external motion

- Motional effects in sidebands, carrier transition essentially unaffected
- BUT: need to care about effects of the trap

Optical frequency standards

- The output is laser light with ultra-stable frequency



- Optical frequency comb

- To connect optical frequencies between them
- To connect optical domain to microwave domain



Microwave signal referenced to the optical transition

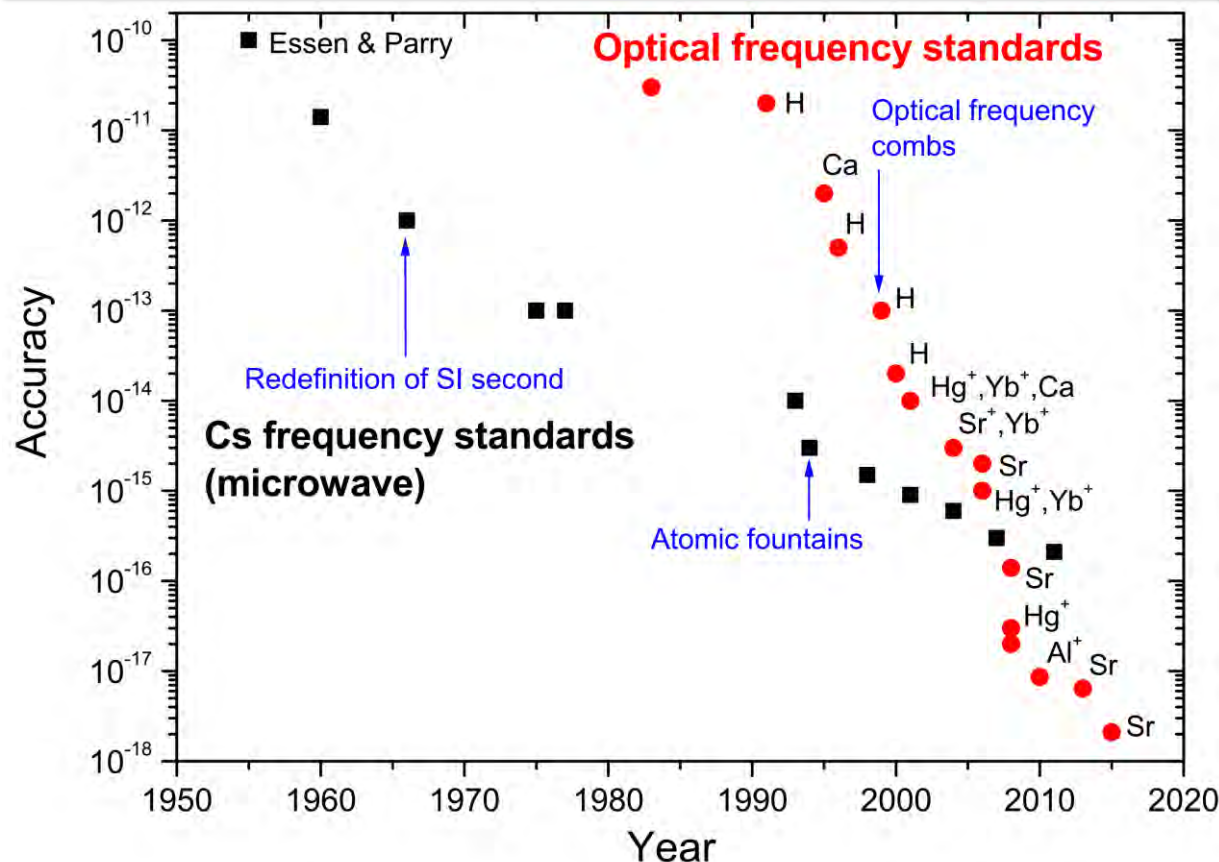
Compatible with existing schemes and systems

- First calibrations of TAI with an optical frequency standard

- Pioneered by SYRTE with strontium optical lattice clocks ($^{87}\text{Sr } ^1\text{S}_0\text{-}^3\text{P}_0$ transition)
- Can be done only if the absolute frequency of the new transition has been measured accurately, close of the limit of primary frequency standard

Progress of frequency standards over time

S Y R T E



□ Points toward a redefinition of the second

- Based optical transition(s)
- Potentially, more fundamental definitions also possible

$$h\nu = \Delta E = \Delta mc^2$$

□ Cs frequency standard defined a “high standard”

- In terms of operability, service to TAI, etc.
- → Optical frequency standards have to demonstrate their readiness

