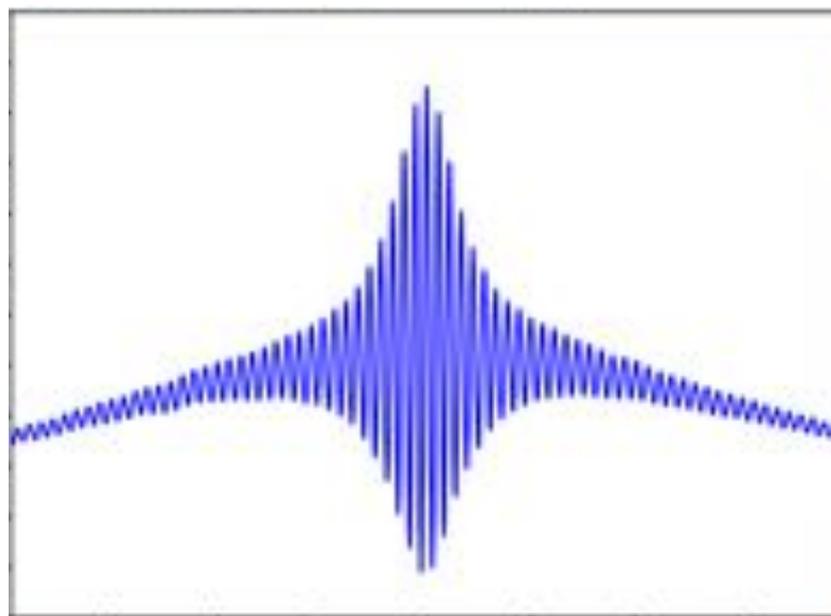


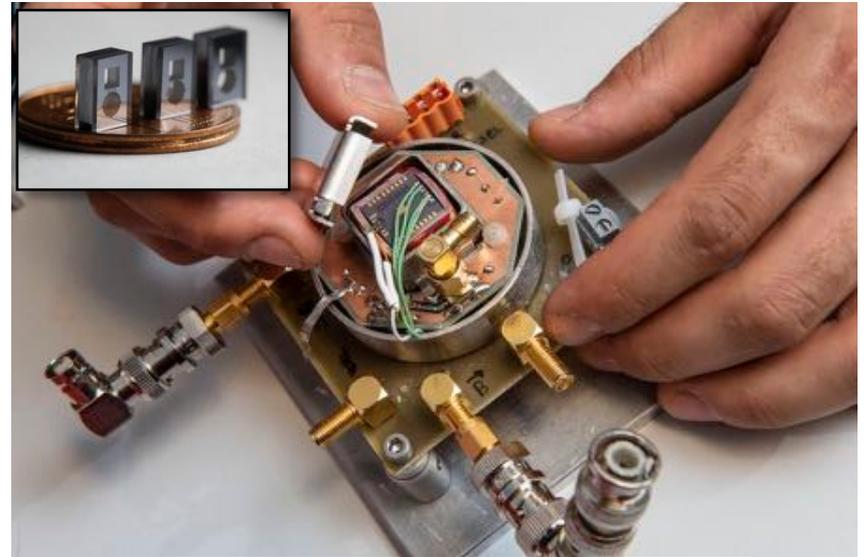
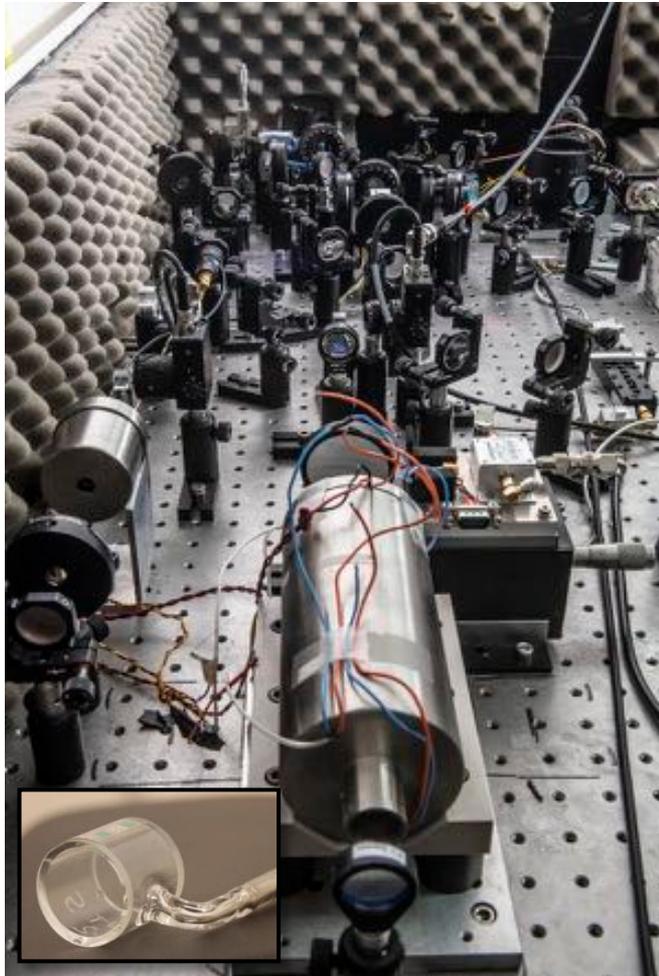
# Light shift mitigation in vapor-cell atomic clocks with tailored interrogation



Moustafa ABDEL HAFIZ, Michael PETERSEN, Grégoire COGET, Nicolas PASSILLY,  
Claudio E. Calosso, Emeric de Clercq, Stéphane GUÉRANDEL, Rodolphe BOUDOT

# Coherent population trapping (CPT) clocks at FEMTO-ST

Applications of vapor-cell atomic clocks:  
telecom, navigation, instrumentation, ...



**Miniature CPT atomic clock**

Targets:

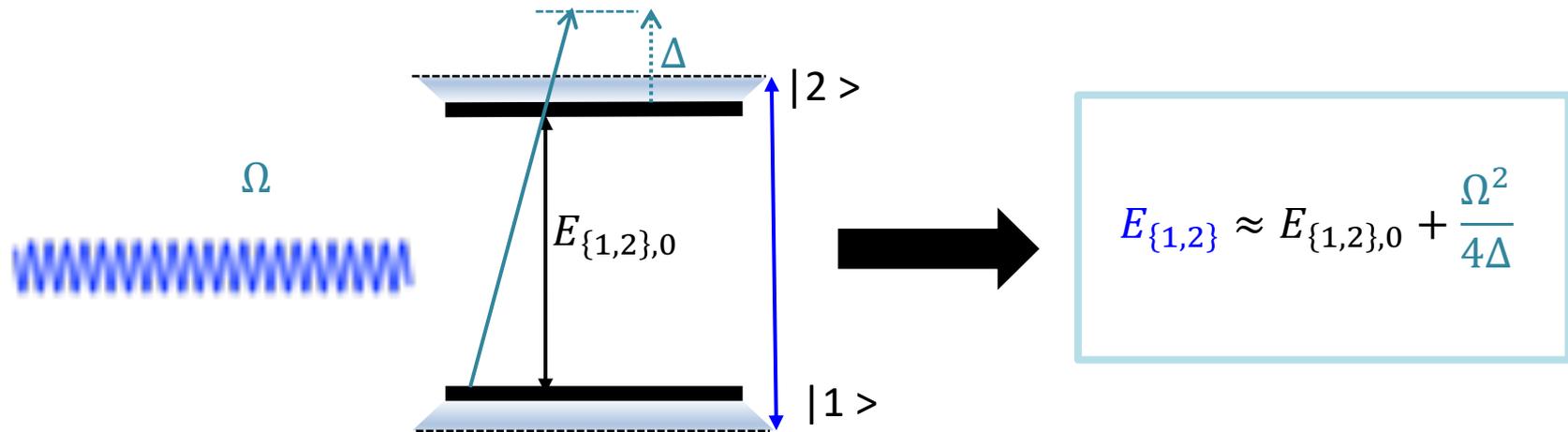
- Allan deviation  $\sigma_y(\tau) = \sim 10^{-11}$  at 1 day
- 15 cm<sup>3</sup> / 125 mW

**Compact CPT atomic clock**

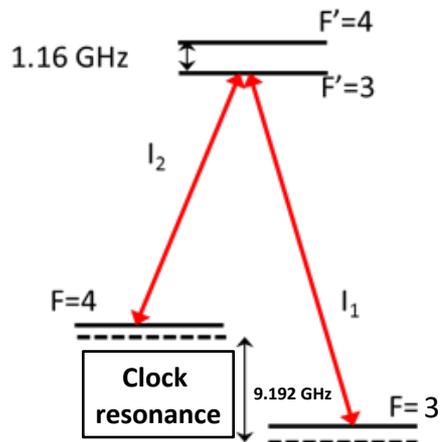
Targets:

- Allan deviation  $\sigma_y(\tau) = \text{few } 10^{-13} \tau^{-1/2}$  up to 1000 s
- $< 10^{-14}$  at 10<sup>4</sup> s,  $\sim 10^{-14}$  at 1 day
- $\sim 30$  L / 30W

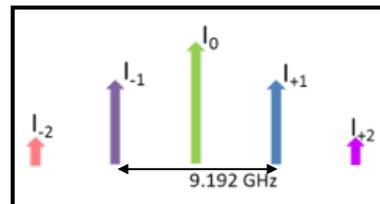
## Light shift in a 2-level system



## In a CPT clock



+



Generation of sidebands by phase/intensity modulation

Light shift depends on detuning and intensity of each spectral component of the light

- ➡ Complex
- ➡ Strongly environment-sensitive

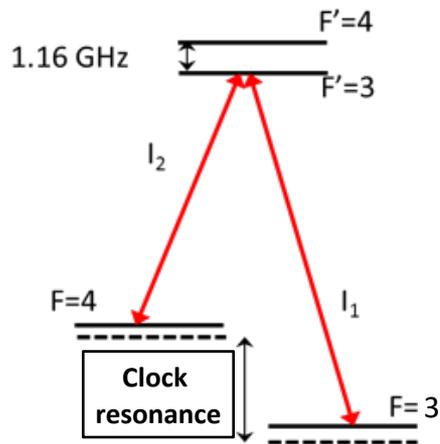
# What to do ?

## Reduce fluctuations of the field power and frequency

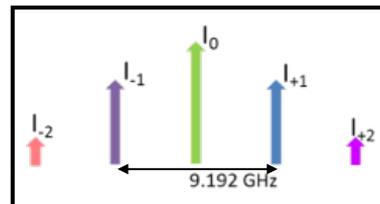
	Sensitivity	Setpoint	Max. to reach $10^{-15}$ (fract.)
Laser power fluctuations	$2.8 \cdot 10^{-12}/\mu\text{W}$	500 $\mu\text{W}$	$7 \cdot 10^{-7}$
Laser frequency fluctuations	$4.2 \cdot 10^{-12}/\text{MHz}$	335 THz	$8 \cdot 10^{-13}$

➔ Very difficult to reach such stability levels

## Reduce sensitivity by compensation



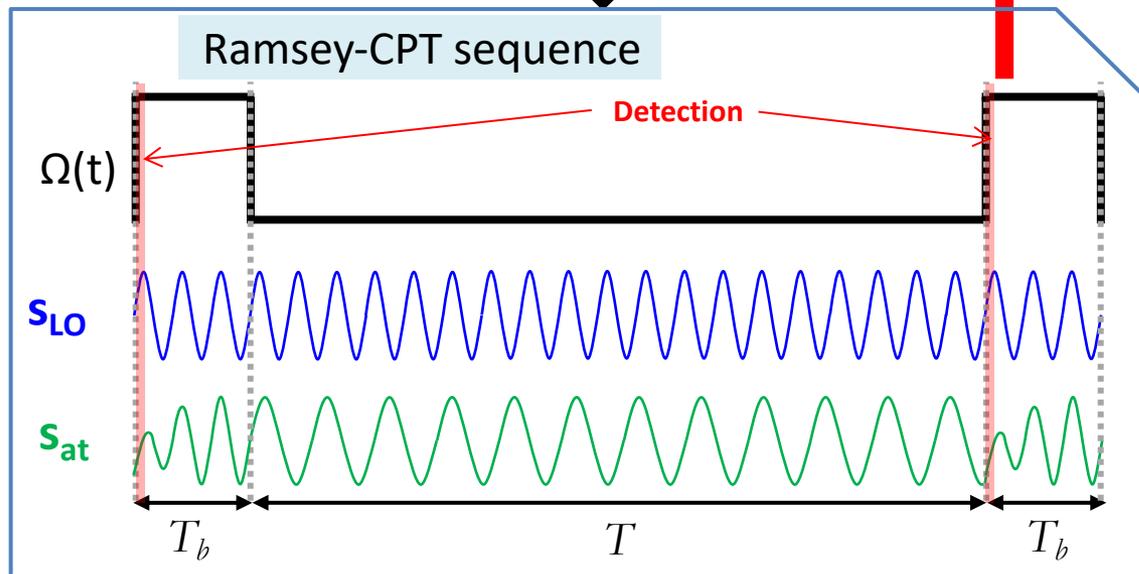
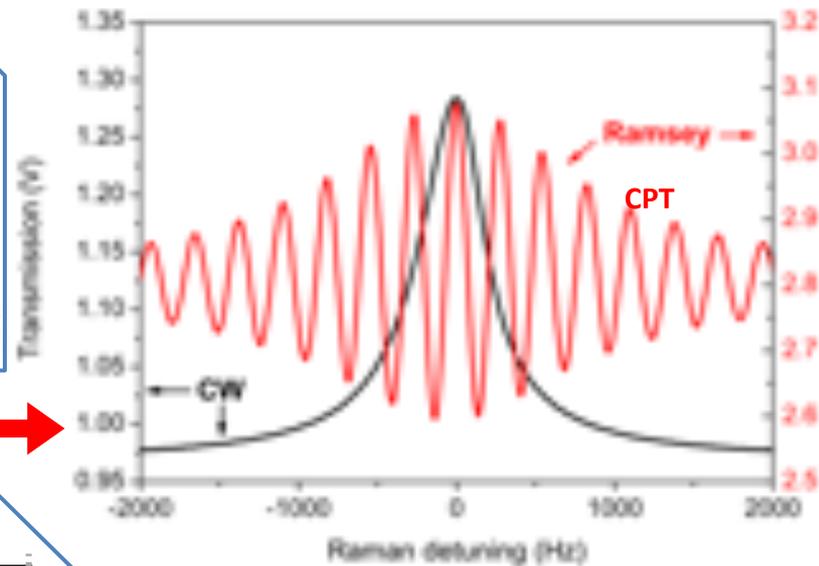
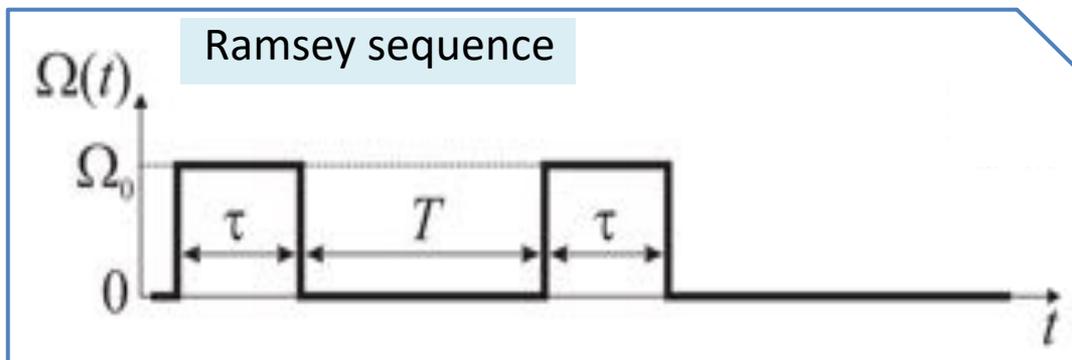
+



- Tune the modulation depth to change the energy distribution onto the sidebands
- Find a setpoint that compensates positive and negative light shifts

➔ If exists, this setpoint may be far from optimal conditions

# Sequence tailoring: Ramsey sequence



The Ramsey-CPT fringes represent the phase difference after the free evolution

Atoms are in the dark most of the time

→ Light shift is reduced

**BUT** there is still residual light shift from light pulses

# Beyond two-pulses interferometry

## Advanced methods for light shift reduction

- Hyper-Ramsey Yudin et al., *Phys. Rev. A* **82**, 011804 (2010)

➔ Goal: compensate the phase shift imprinted by light during the pulses with another pulse, where the phase is reversed

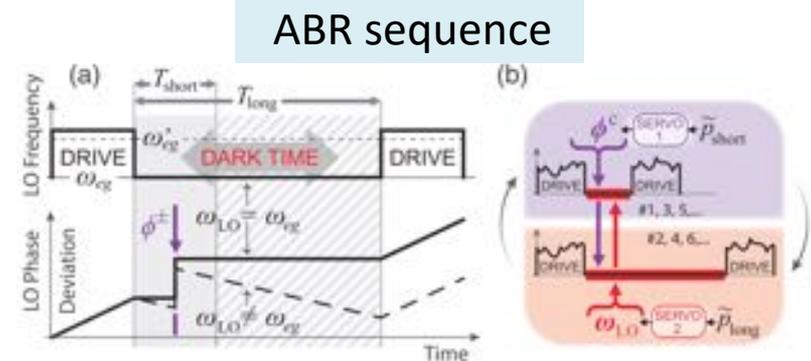
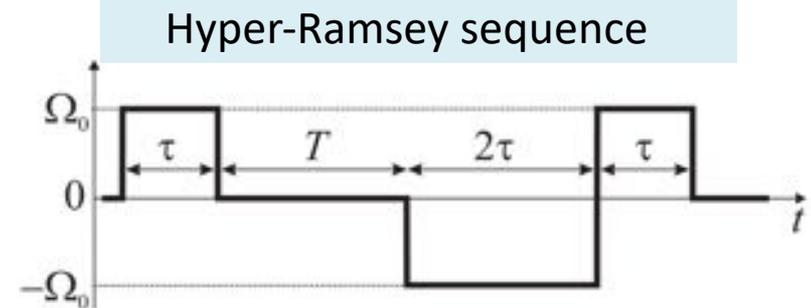
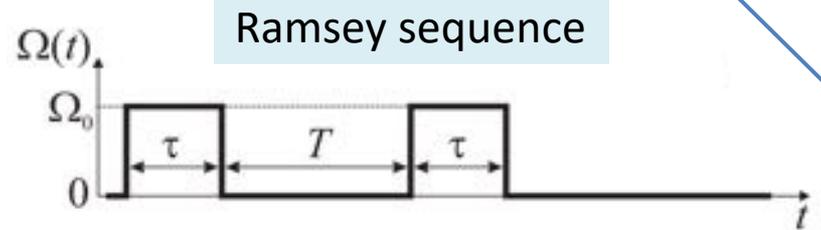
- Modified Hyper-Ramsey
- Generalized Hyper-Ramsey
- Other hybrid schemes...

Zanon et al., *Reports on Progress in Physics* **81** (2018)

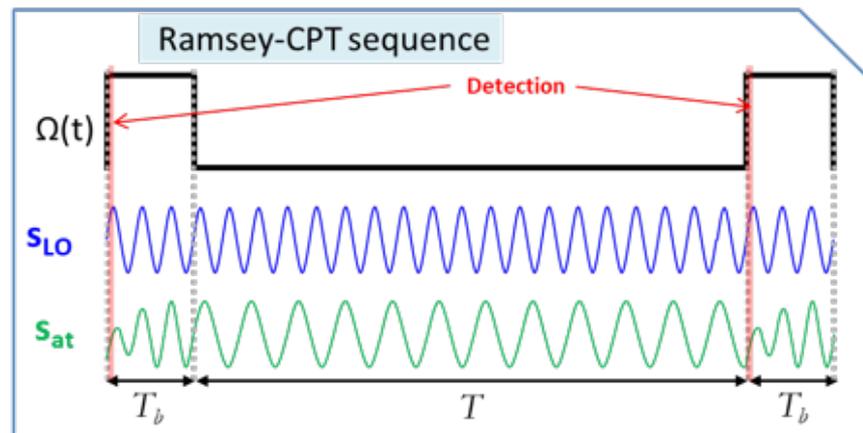
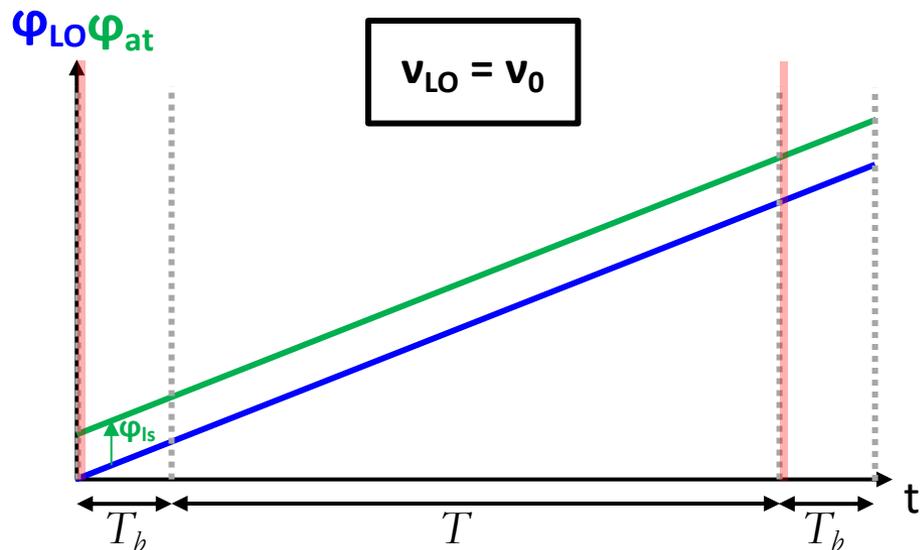
- Autobalanced Ramsey (ABR) spectroscopy

Sanner et al., *Phys. Rev. Lett.* **120**, 053602 (2018)

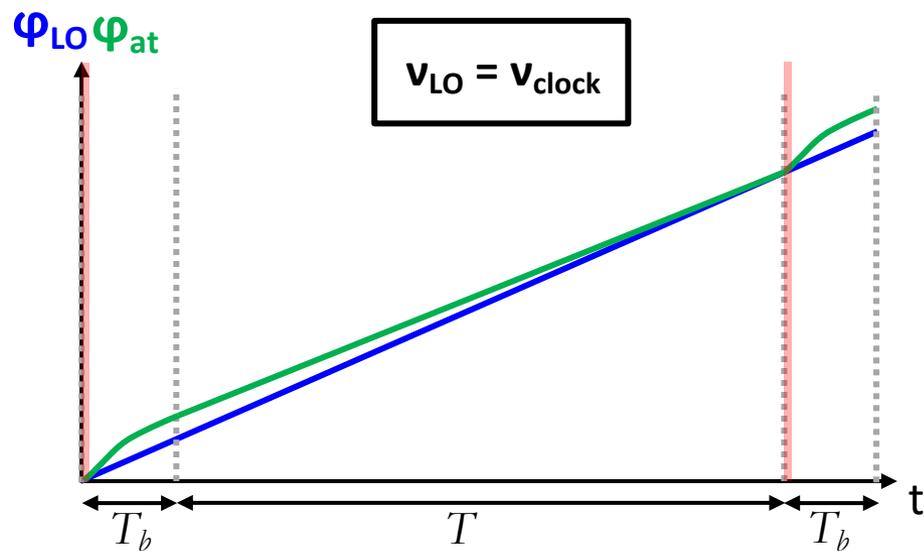
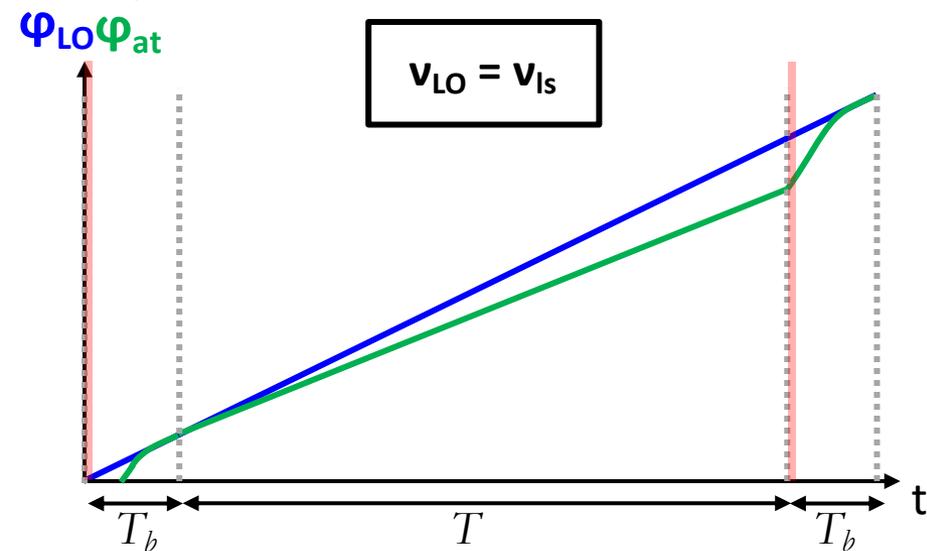
➔ Main difference: **measurement and live correction of the light shift**



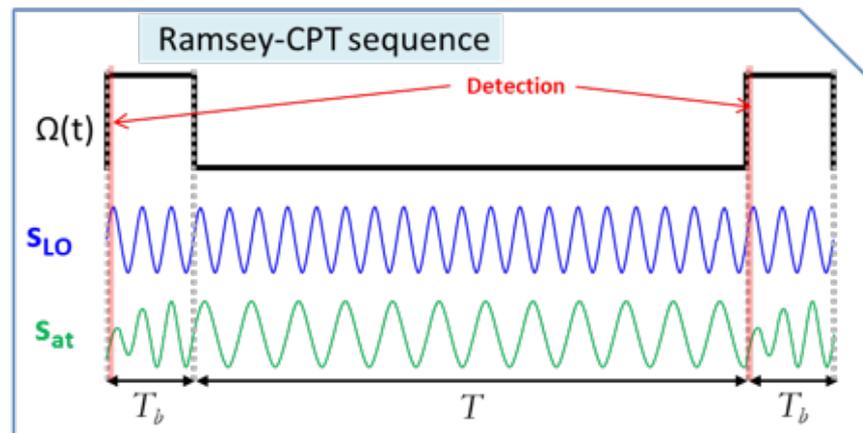
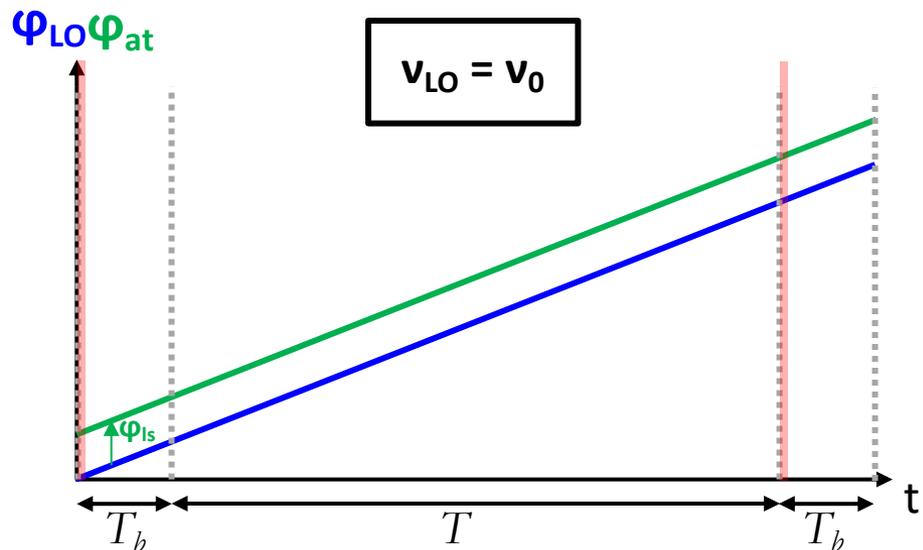
# ABR spectroscopy: principle



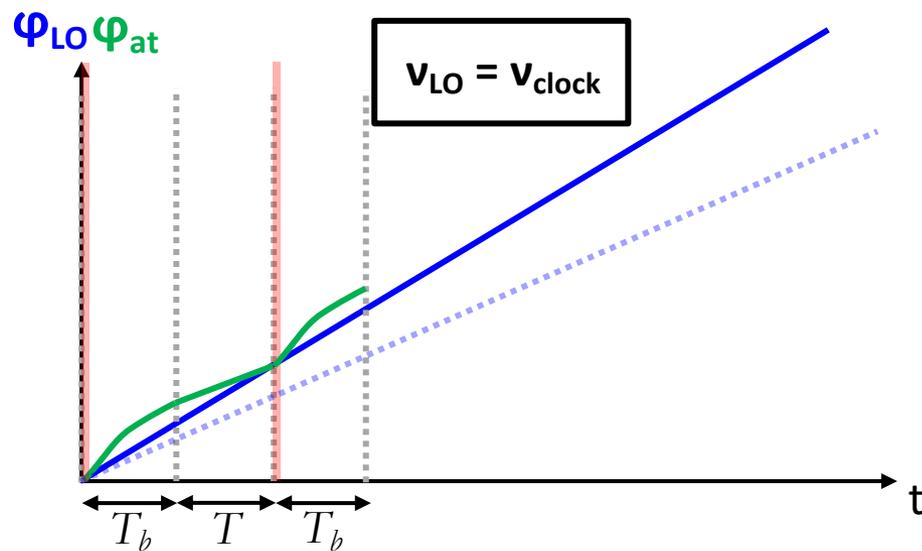
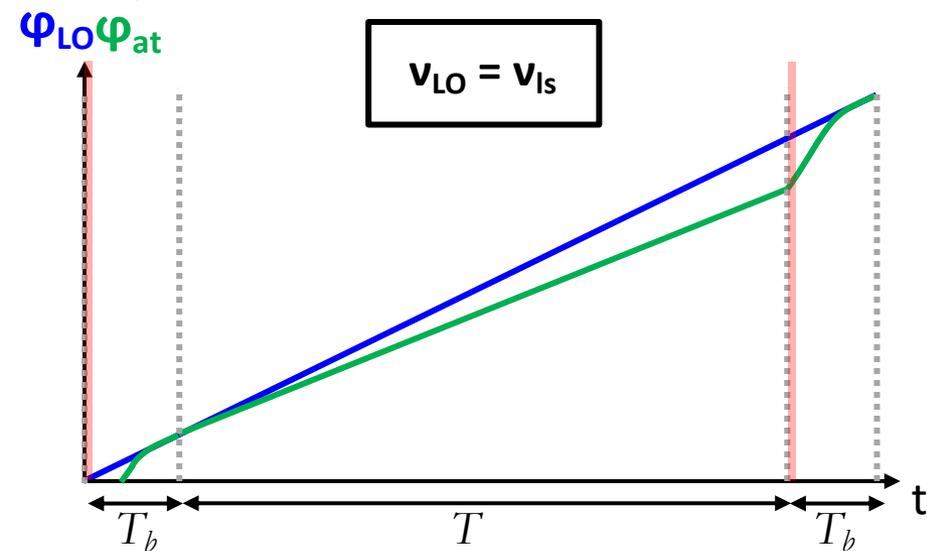
- Frequency = slope of the phase vs time
- Free-evolution atomic frequency during  $T$



# ABR spectroscopy: principle



- Frequency = slope of the phase vs time
- Free-evolution atomic frequency during  $T$



Residual light shift increases with decreasing  $T$

# ABR spectroscopy: principle

Shift dependent on T is a characteristic of light shifts

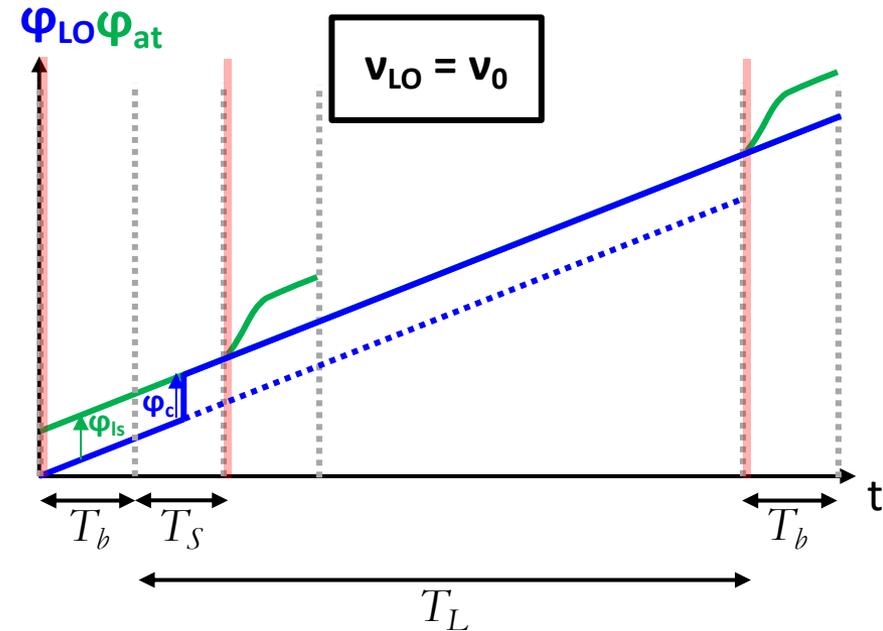
➔ Conditions for no light shift whatever T:

- $\nu_{LO} = \nu_0$  ➔ Same slope for LO and free atom
- $\varphi_c = \varphi_{ls}$  ➔ Phase jump corresponding to atomic phase shift

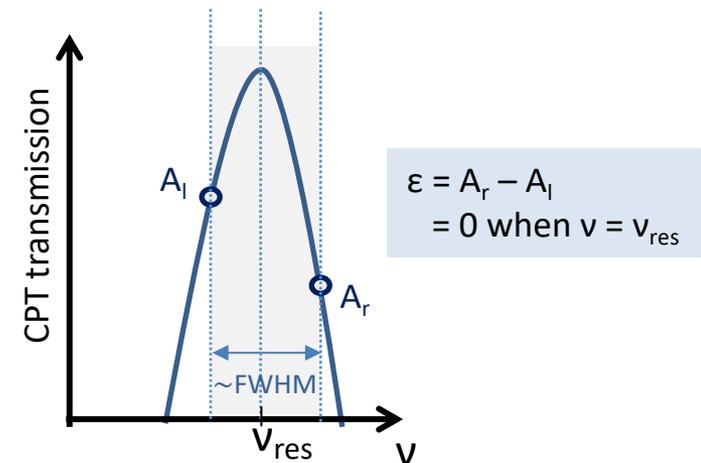
## ABR spectroscopy:

- Alternate cycles with dark times  $T_L$  and  $T_S$
- Apply a phase jump  $\varphi_c$  during dark times
- Generate associated error signals  $\varepsilon_L$  and  $\varepsilon_S$
- Two servo loops:
  - $\varepsilon_L = 0$  ➔  $\nu_{LO}$
  - $\varepsilon_S = 0$  ➔  $\varphi_c$

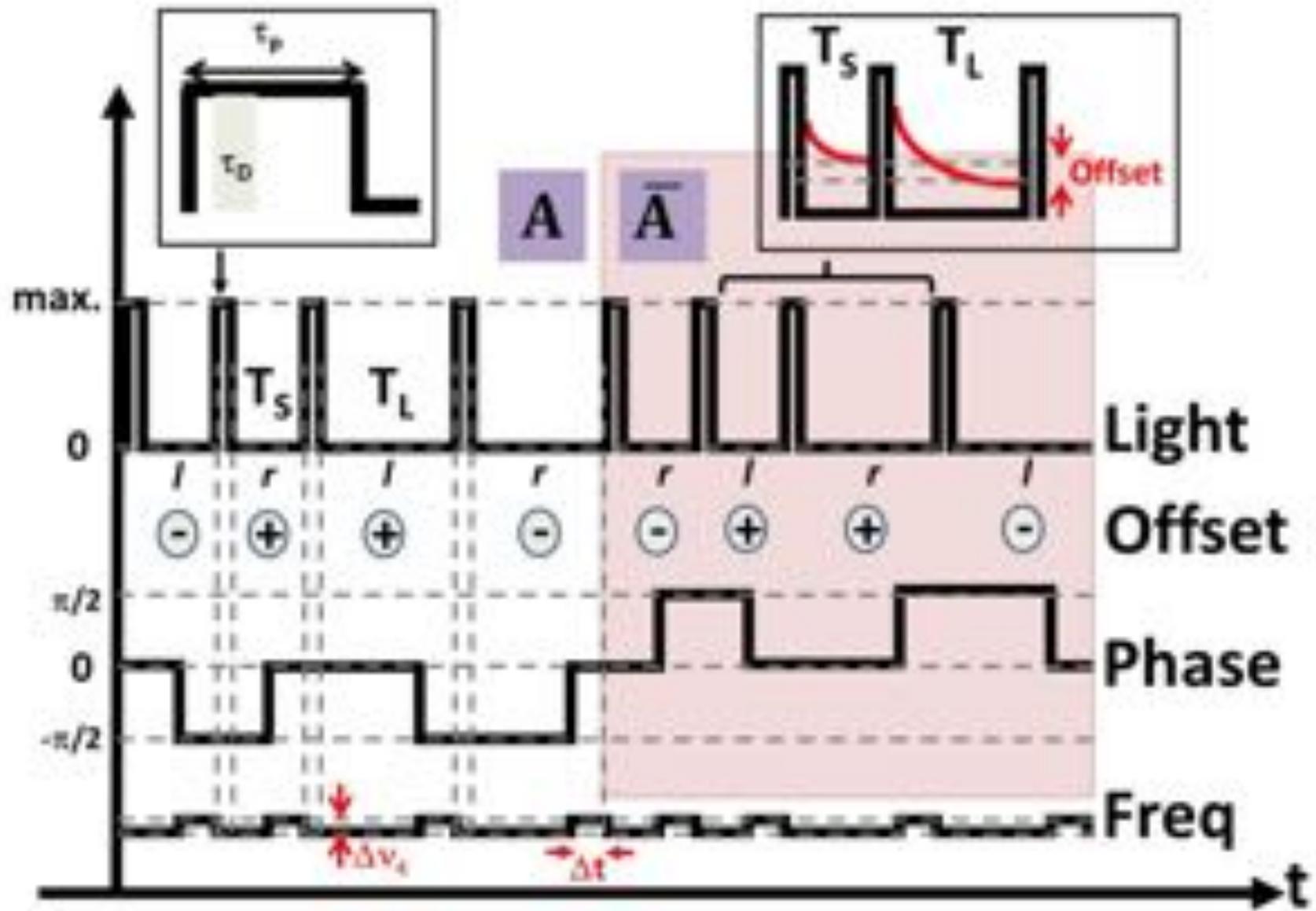
➔ When both servos are on,  
 $\nu_{LO} = \nu_0$      $\varphi_c = \varphi_{ls}$



Generation of an error signal



# ABR-CPT – symmetric sequence



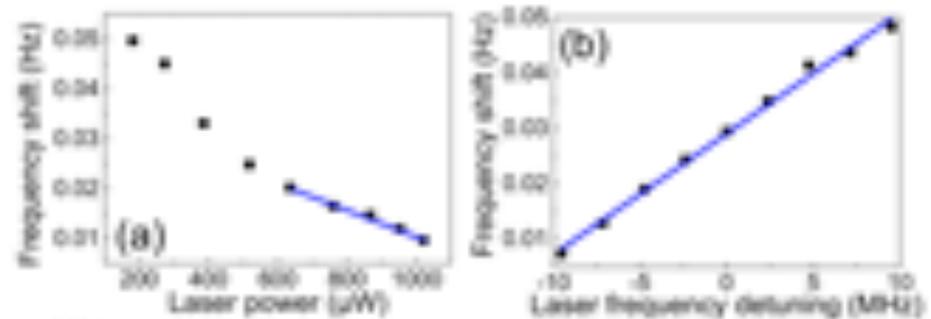


# ABR-CPT – results

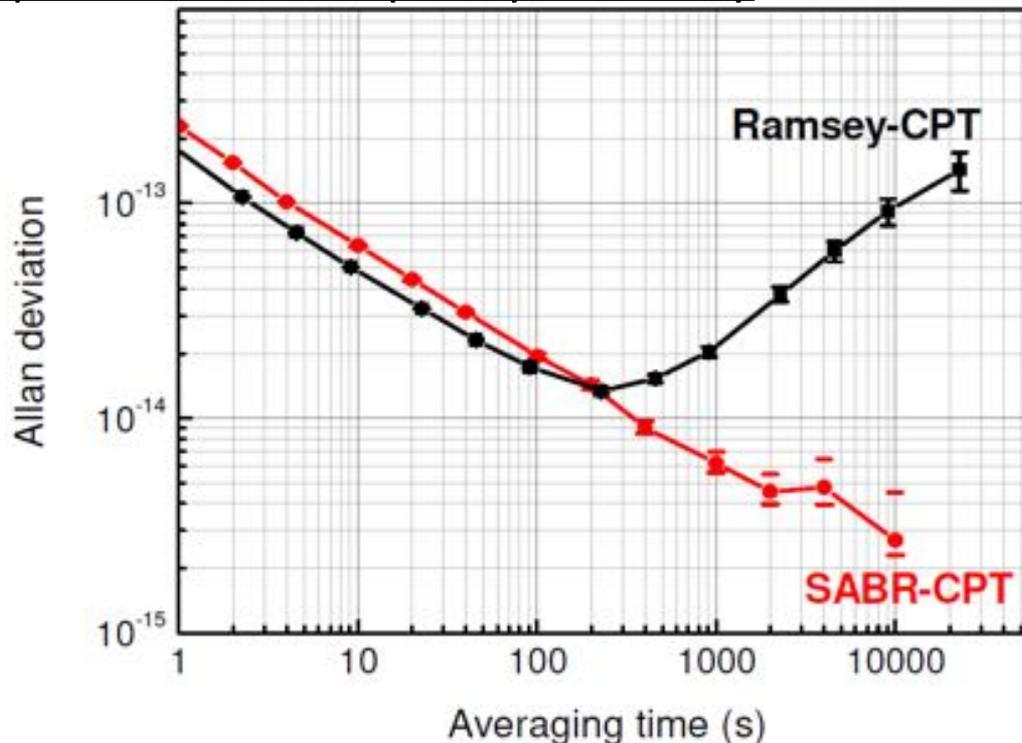
## Reduction of sensitivity to light

CW regime	$\sim 8 \cdot 10^{-12}/\mu\text{W}$
Ramsey-CPT	$\sim 3 \cdot 10^{-13}/\mu\text{W}$
Autobalanced Ramsey	$\sim 3 \cdot 10^{-15}/\mu\text{W} !!!$

➔ Gain of two orders of magnitude



## Impact on clock frequency instability



Short term:  $\sim 2 \cdot 10^{-13} \tau^{-1/2}$  @ 1s

$\sim 30x$  improvement @ 10000s

# Motivations – part 2

## Advanced methods for light shift reduction

- Ramsey spectroscopy
- Hyper-Ramsey
- Autobalanced Ramsey

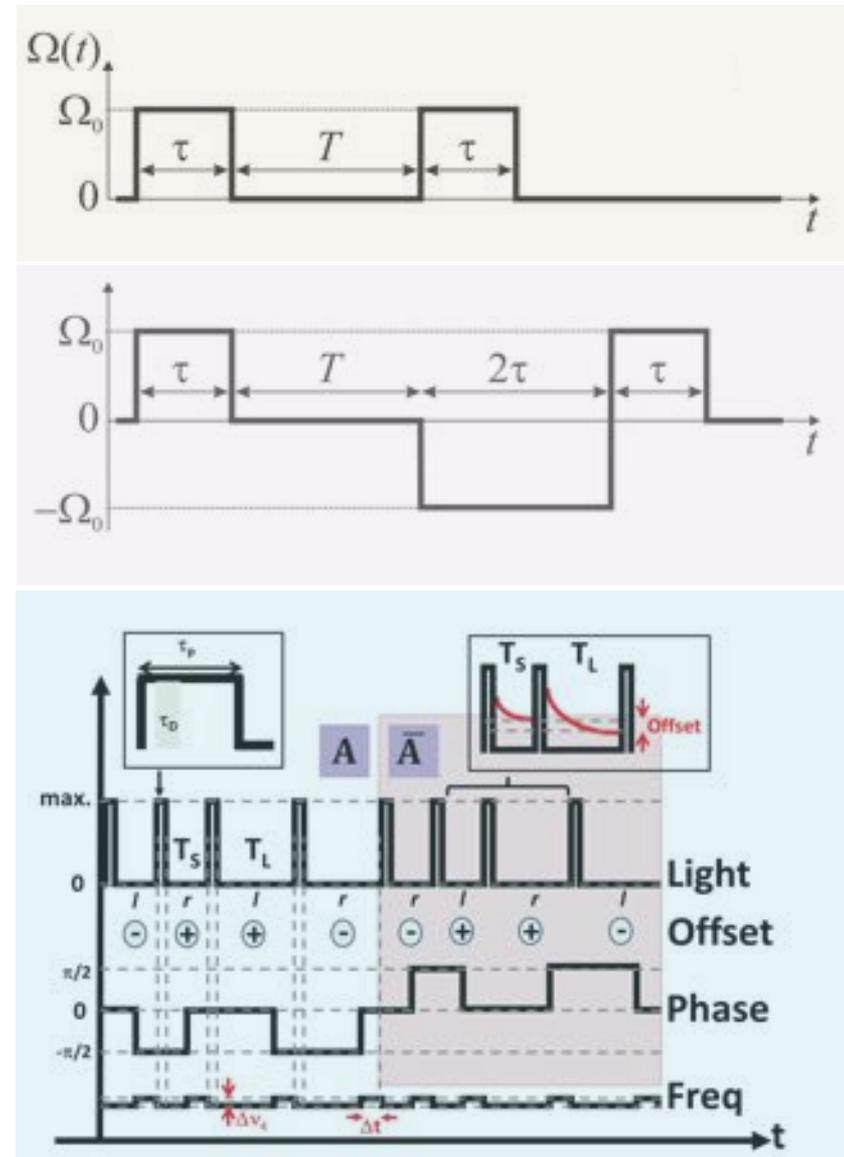
Sensitivity to incident light power (in a compact CPT clock)

CW regime	$\sim 8 \cdot 10^{-12}/\mu\text{W}$
Ramsey-CPT	$\sim 3 \cdot 10^{-13}/\mu\text{W}$
Autobalanced Ramsey	$\sim 3 \cdot 10^{-15}/\mu\text{W} !!!$

## But in miniaturized CPT clocks:

- Low laser powers available
- Pulsing light is not easy
- Laser frequency stabilized on CPT cell

Solutions in the CW regime?

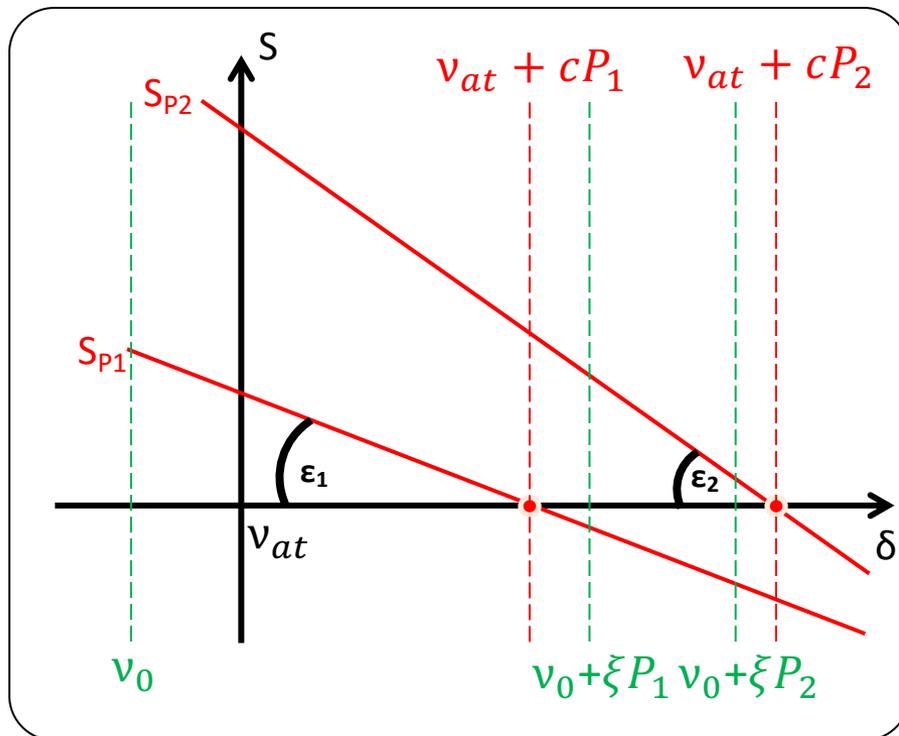


## Universal methods for suppressing the light shift in atomic clocks based on continuous-wave spectroscopy

V. I. Yudin,<sup>1,2,3,4,\*</sup> M. Ya. Boshlov,<sup>1,3,7</sup> A. V. Tikhonchev,<sup>1,2</sup> J. W. Pritch,<sup>4,5</sup>  
 X. L. Newman,<sup>4</sup> M. Sholer,<sup>4</sup> A. Hansen,<sup>4</sup> M. T. Hume,<sup>4</sup> E. A. Donley,<sup>4</sup> and J. Kitching<sup>4</sup>  
<sup>1</sup>N Novosibirsk State University, ul. Prospekt 2, Novosibirsk, 630090, Russia  
<sup>2</sup>Institute of Laser Physics SB RAS, pr. Akademika Lavrent'eva 13/1, Novosibirsk, 630090, Russia  
<sup>3</sup>Novosibirsk State Technical University, pr. Karla Marksa 20, Novosibirsk, 630072, Russia  
<sup>4</sup>National Institute of Standards and Technology, Boulder, Colorado 80505, USA  
<sup>5</sup>University of Colorado, Boulder, Colorado 80509-4240, USA

We develop previously unexplored methods for suppressing the light shift and its fluctuations in atomic clocks based on continuous-wave (CW) spectroscopy. These methods can be used for optical clocks on one- and two-photon transitions, as well as for rf clocks based on resonance of coherent population trapping and optical pumping clocks. These methods can be considered as CW analogs of recently developed methods for Ramsey spectroscopy: a modified error signal in Ramsey spectroscopy [V. I. Yudin, et al., *New. J. Phys.* **20**, 123018 (2018)] and generalized auto-balanced Ramsey spectroscopy [V. I. Yudin, et al., *Phys. Rev. Appl.* **9**, 054034 (2018)], and which have already demonstrated their high efficiency in experiments. The proposed universal CW method can be widely used both for high-precision scientific instruments and for commercial clocks of various types and purposes (including chip-scale atomic clocks), which have a huge sales market.

PACE numbers: 32.70.7z, 00.30.F1, 32.60.+1, 42.62.F1



$v_{at}$ : light-shift-free  $c$ : light-shift coef.  
 $v_0, \xi$ : free parameters

$$\begin{cases} S_{P_1}(v_0 + \xi P_1) = 0 & @ P_1 \\ S_{P_2}(v_0 + \xi P_2) = 0 & @ P_2 \end{cases}$$

**Auto-  
Compensated  
Shift**

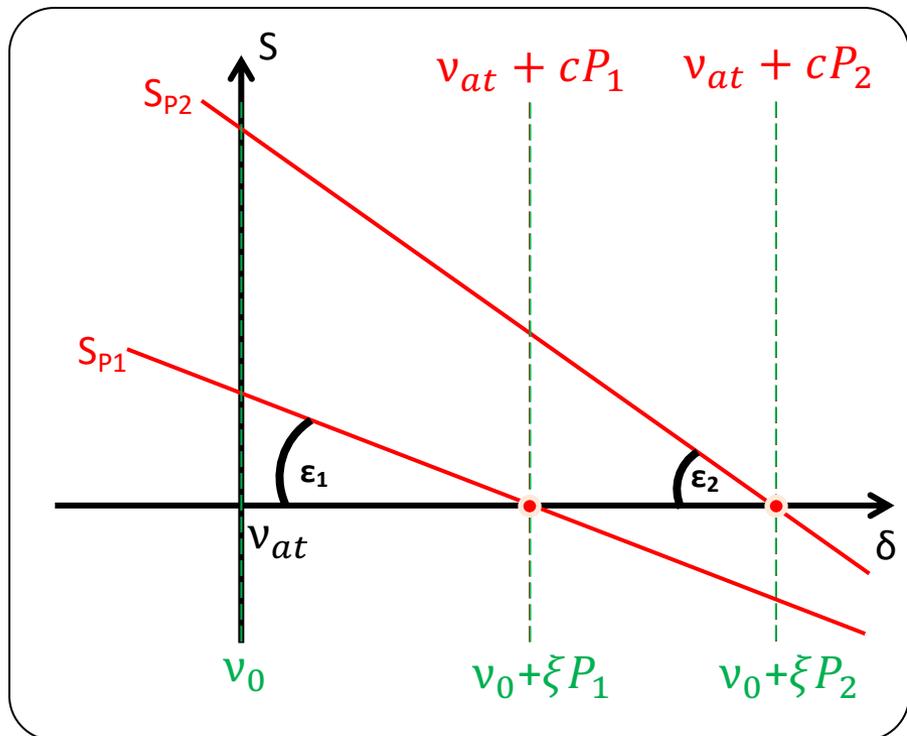
- Two servo loops
- Only constraint: linear light shift

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 X. L. Newman,<sup>4</sup> M. Shukri,<sup>4</sup> A. Hansen,<sup>4</sup> M. T. Hume,<sup>4</sup> E. A. Dunley,<sup>4</sup> and J. Kitching<sup>4</sup>  
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ACS codes: 31.70.Jz, 06.30.Ft, 32.60.+i, 42.62.Ff



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 $\nu_0, \xi$ : free parameters

$$\begin{cases} S_{P_1}(\nu_0 + \xi P_1) = 0 & @ P_1 \\ S_{P_2}(\nu_0 + \xi P_2) = 0 & @ P_2 \end{cases}$$

$$\nu_0 = \nu_{at}, \xi = c$$



**Auto-  
Compensated  
Shift**

- Two servo loops
- Only constraint: linear light shift

## Modified error signals

### Linear combinations of the original error signals

- $S_{LS}$  is proportional to  $\xi - c$
- Both  $S_{P1}$  and  $S_{P2}$  are exploited in both servos
  - **No "dead time"**
  - Prevents degradation of short-term stability
- Independent scaling factors for computation of  $S_0$

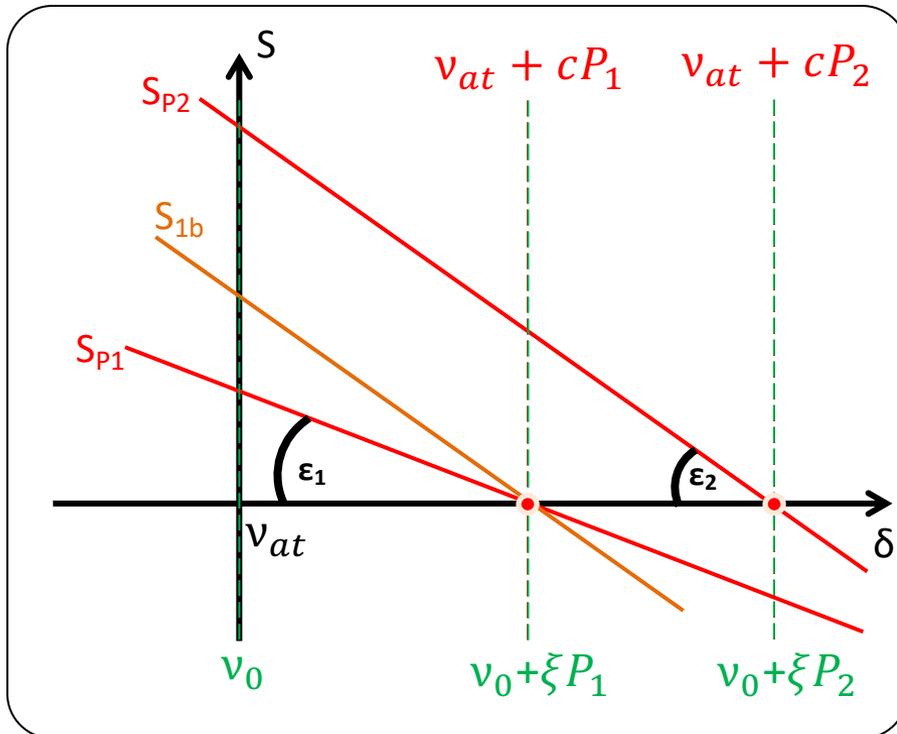
$$\left\{ \begin{aligned} S_{LS} &= \frac{S_{P2}(v_0 + \xi P_2)}{\tan \varepsilon_2} - \frac{S_{P1}(v_0 + \xi P_1)}{\tan \varepsilon_1} \\ S_0 &= \eta_2 \frac{S_{P2}(v_0 + \xi P_2)}{\tan \varepsilon_2} + \eta_1 \frac{S_{P1}(v_0 + \xi P_1)}{\tan \varepsilon_1} \end{aligned} \right.$$



$v_{at}$ : light-shift-free  $c$ : light-shift coef.

$v_0, \xi$ : free parameters

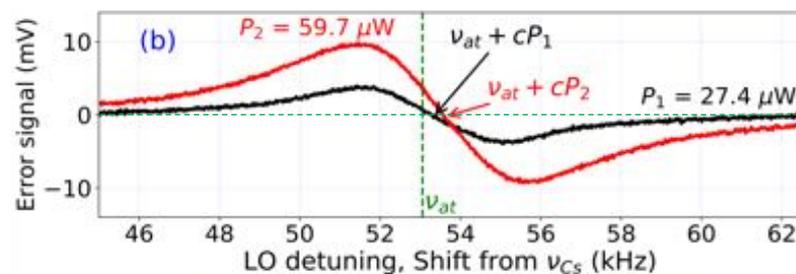
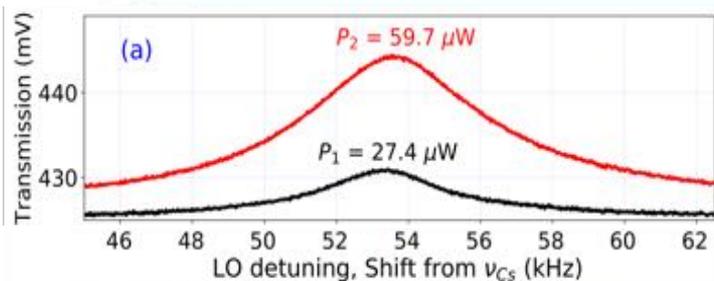
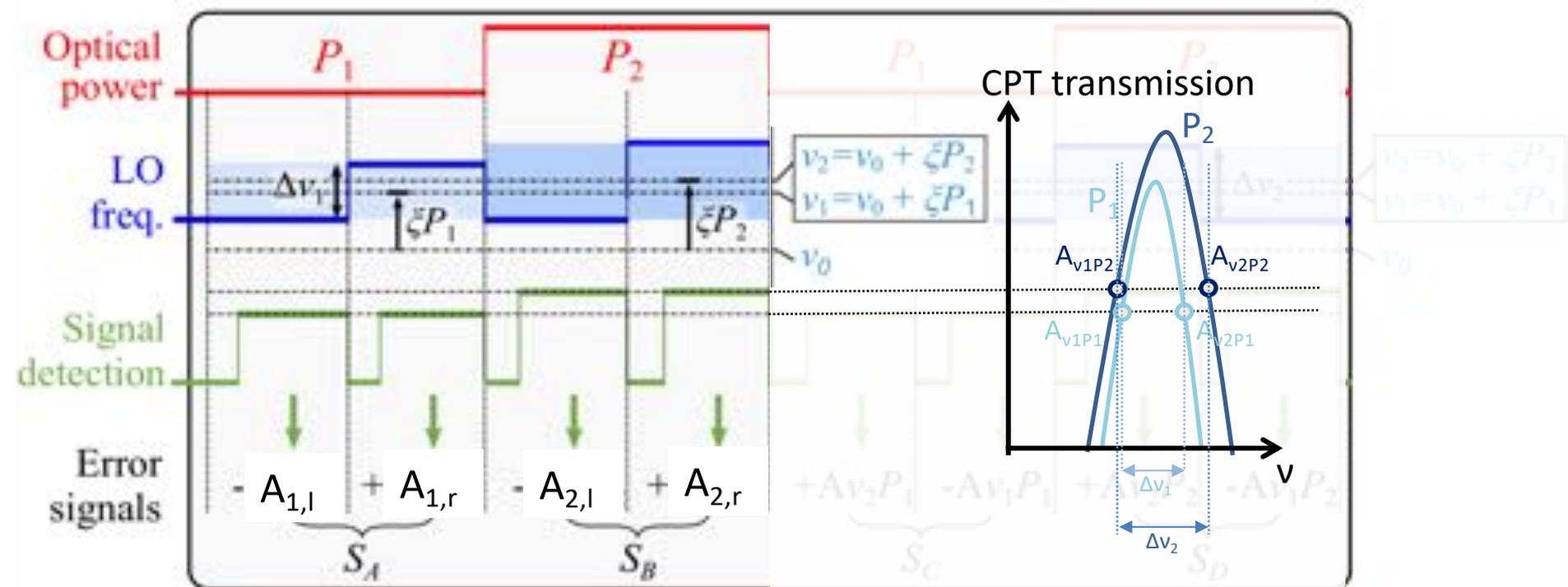
$$\left\{ \begin{aligned} S_{P1}(v_0 + \xi P_1) &= 0 \quad @ P_1 \\ S_{P2}(v_0 + \xi P_2) &= 0 \quad @ P_2 \end{aligned} \right.$$



## Auto-Compensated Shift

- Two servo loops
- Only constraint: linear light shift

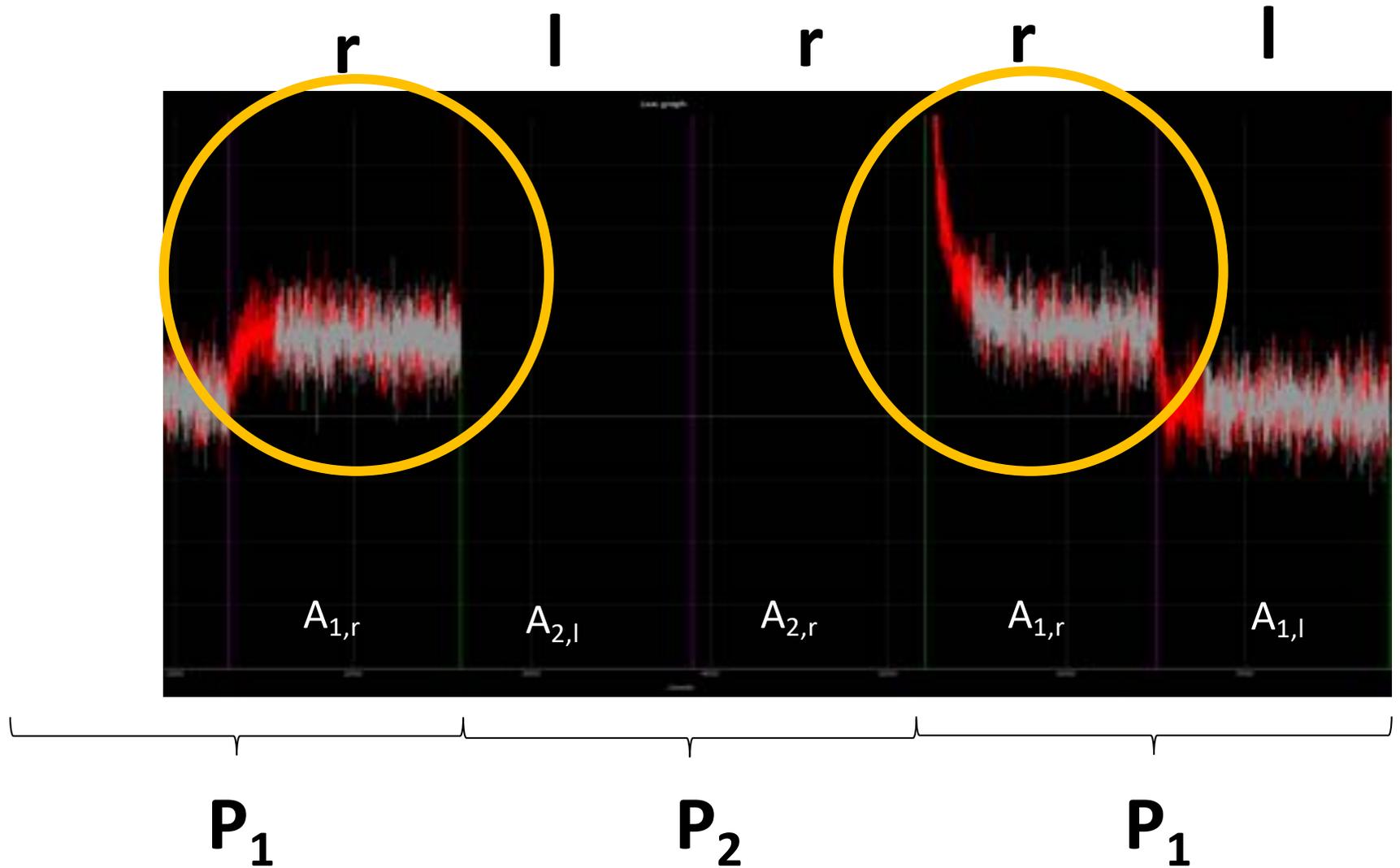
# Incomplete ACS sequence



$$S_{LS} = (S_B + S_D) / D_{e_2} - (S_A + S_C) / D_{e_1} = 0 \quad \rightarrow \text{Light shift correction } (\zeta)$$

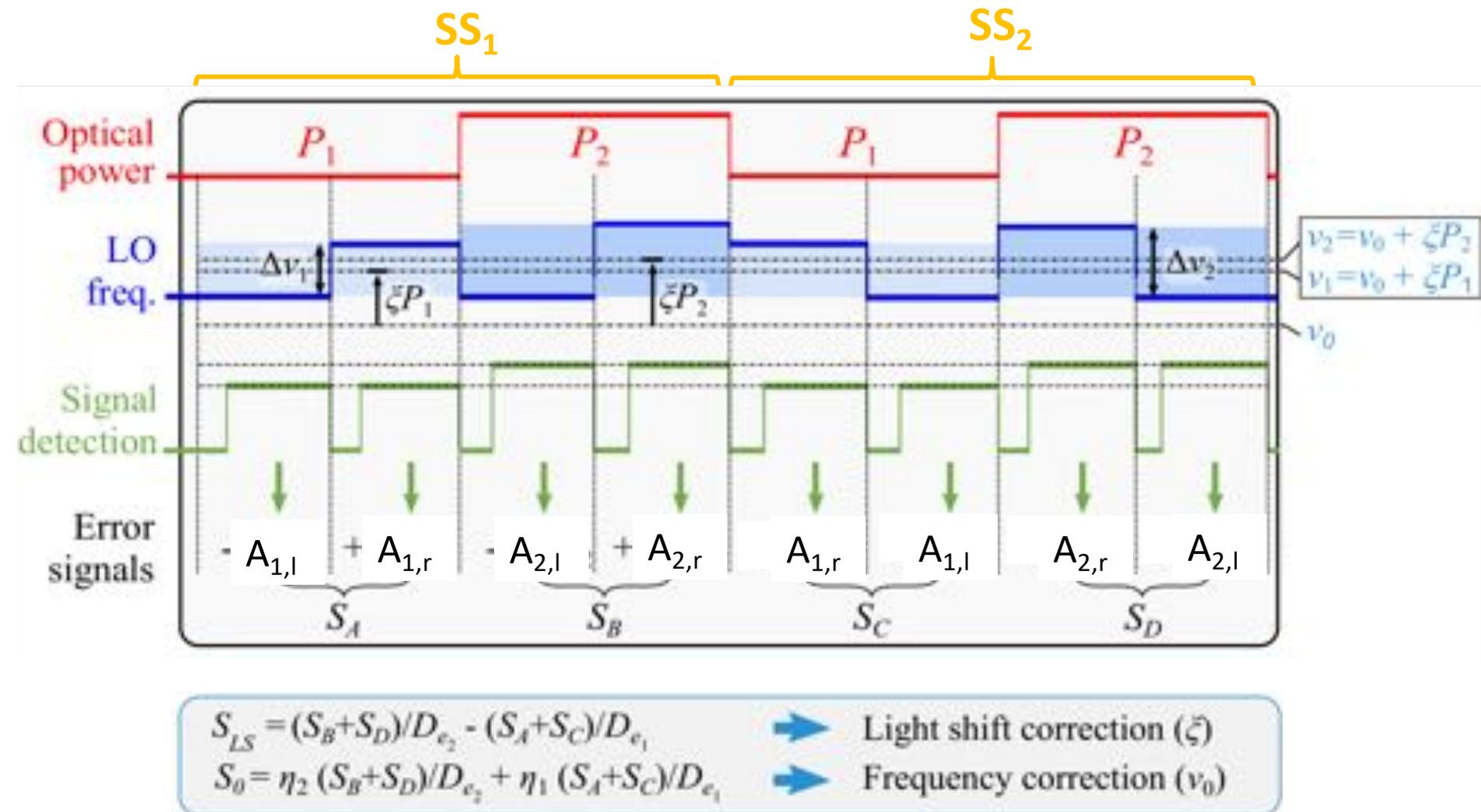
$$S_0 = \eta_2 (S_B + S_D) / D_{e_2} + \eta_1 (S_A + S_C) / D_{e_1} = 0 \quad \rightarrow \text{Frequency correction } (v_0)$$

# Memory effect



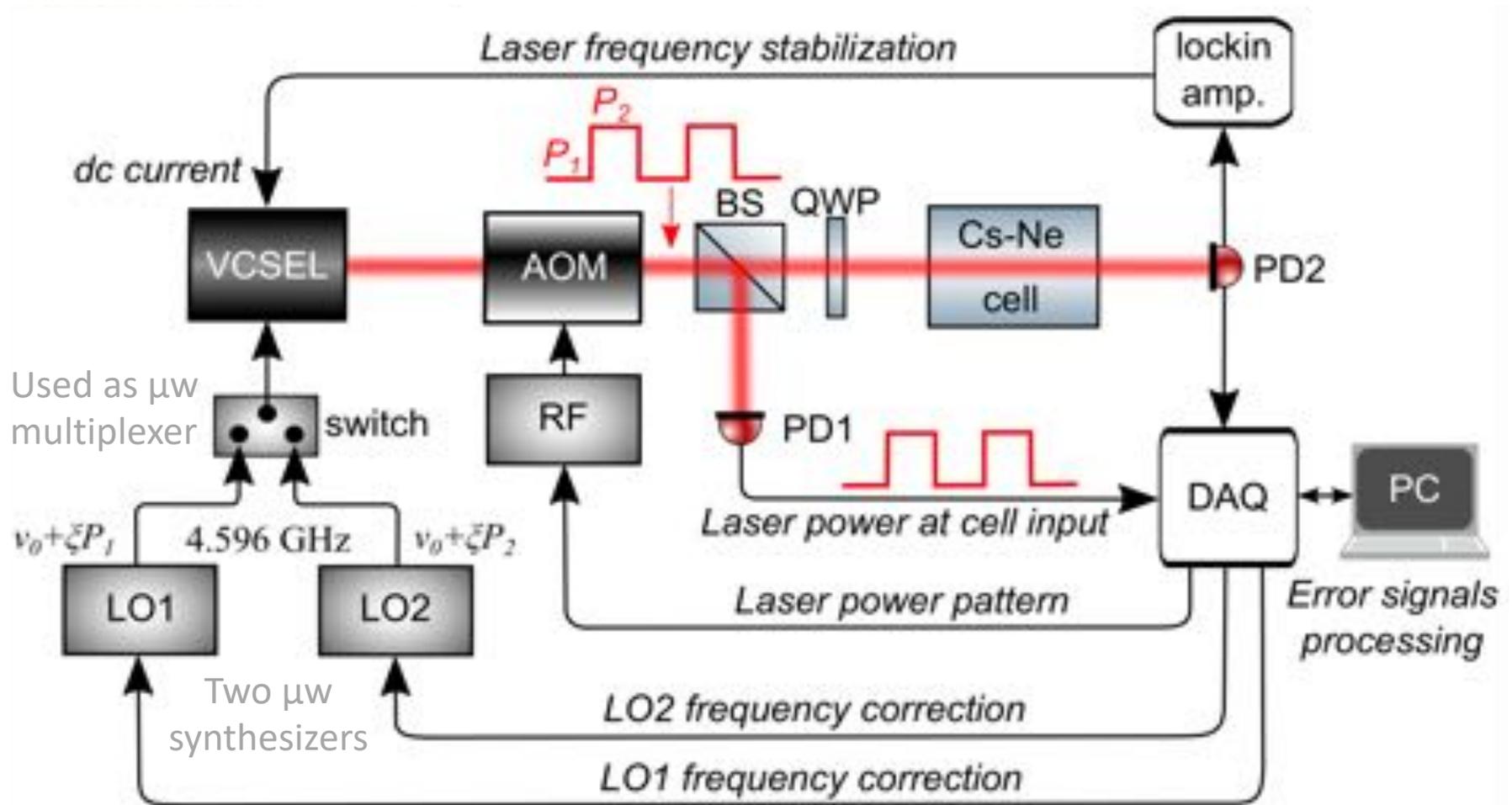
The CPT signal is affected by the atoms history → **Memory shift**

# Symmetrized-ACS sequence

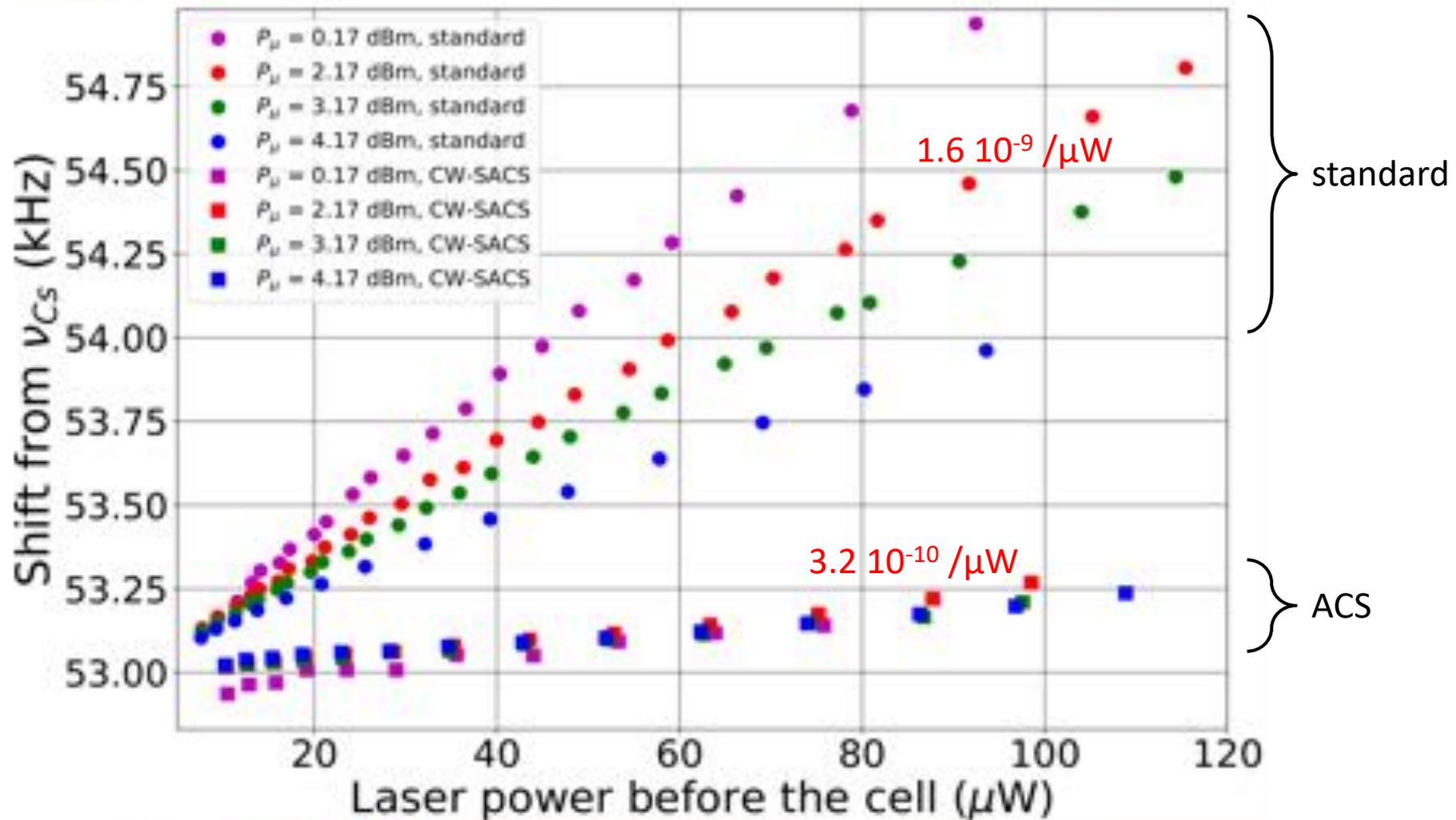


Memory shift of sub-sequence 1 is balanced by that of sub-sequence 2

# Experimental setup



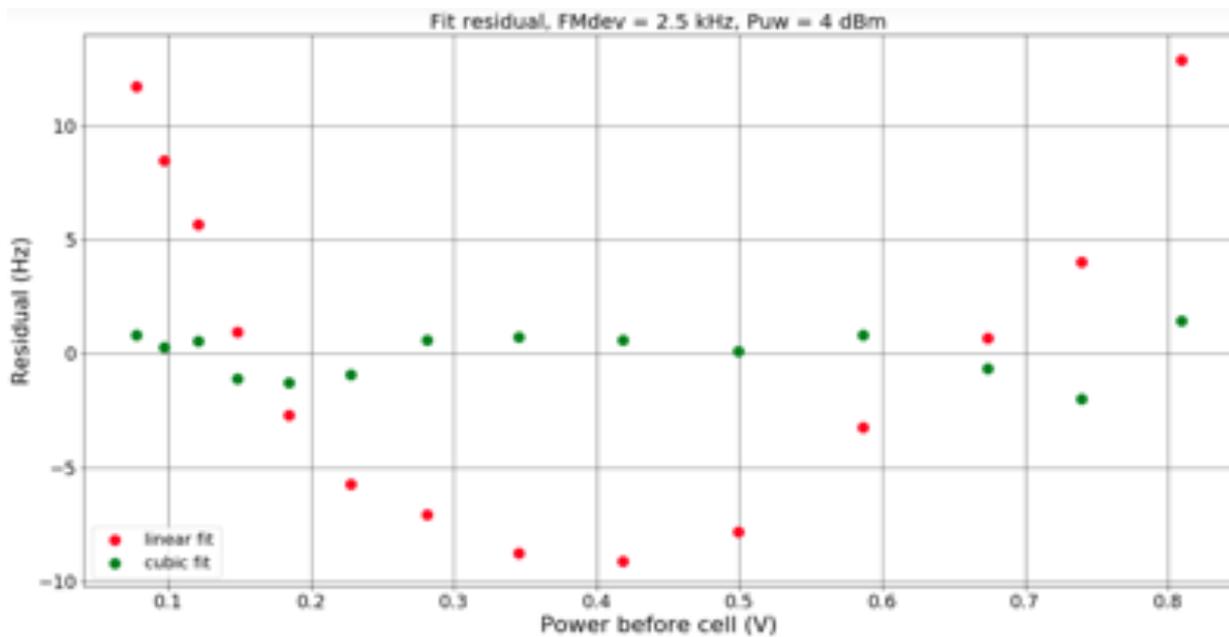
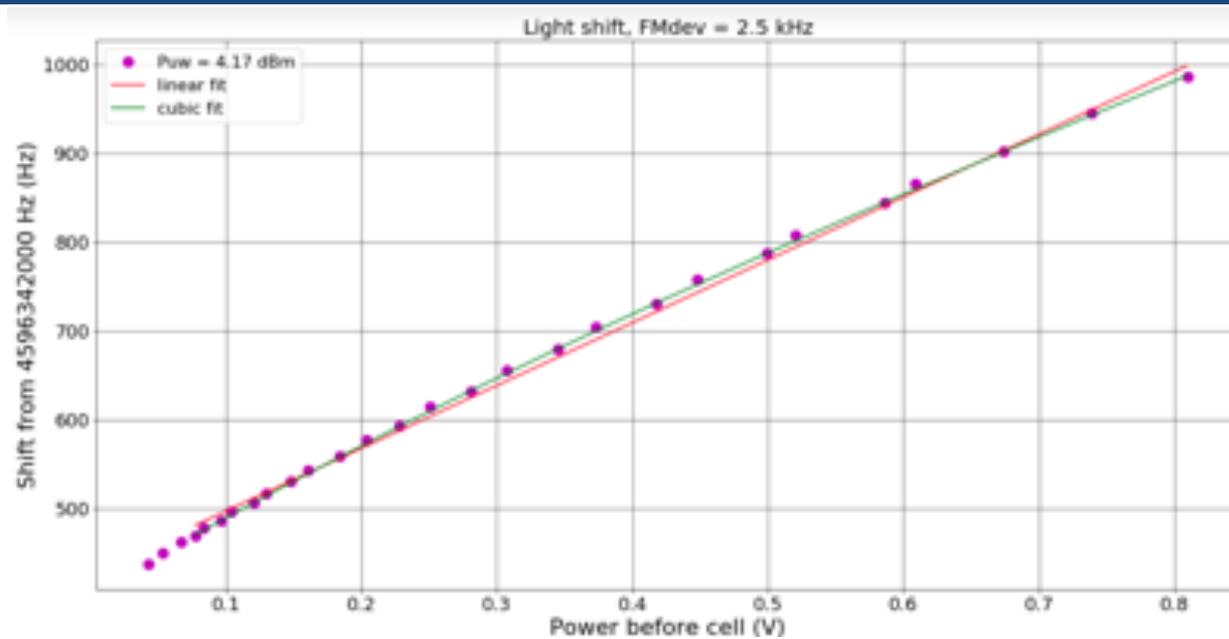
# Light shift reduction



➔ 5 times reduction in CW-ACS mode

Limited benefit because of non-linearity of the light shift

# Non-linear effects



## Can we account for the non-linearity with the CW-ACS method ?

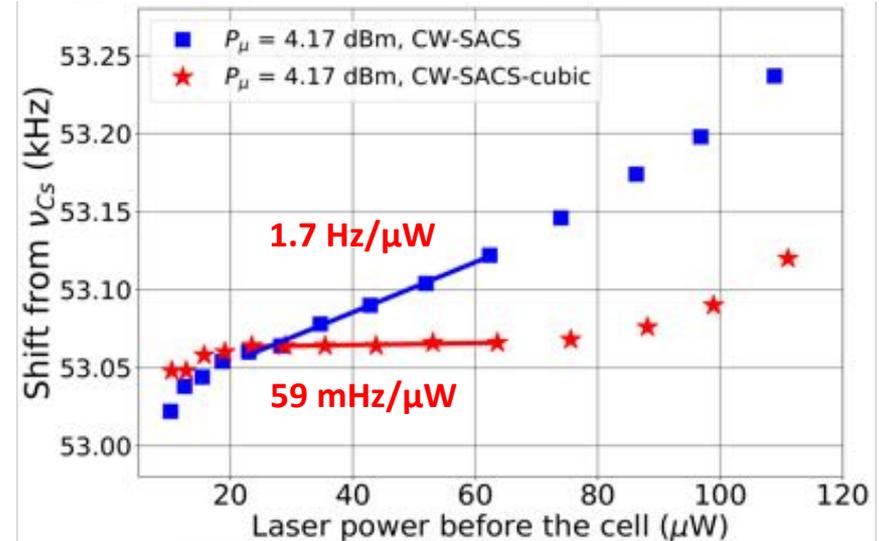
We define:

$$v_1 = v_0 + \xi P_1 + \beta P_1^2 + \gamma P_1^3$$

$$v_2 = v_0 + \xi P_2 + \beta P_2^2 + \gamma P_2^3$$

$\beta, \gamma$  fixed by the **local** cubic fit parameters  
 $v_0, \xi$  still actively computed by the servos

$$\begin{cases} S_{LS} = \frac{S_{P_2}(v_2)}{\tan \varepsilon_2} - \frac{S_{P_1}(v_1)}{\tan \varepsilon_1} = 0 \\ S_0 = \eta_2 \frac{S_{P_2}(v_2)}{\tan \varepsilon_2} + \eta_1 \frac{S_{P_1}(v_1)}{\tan \varepsilon_1} = 0 \end{cases}$$



**28 times further reduction vs. linear-ACS** (170 times vs. standard mode)

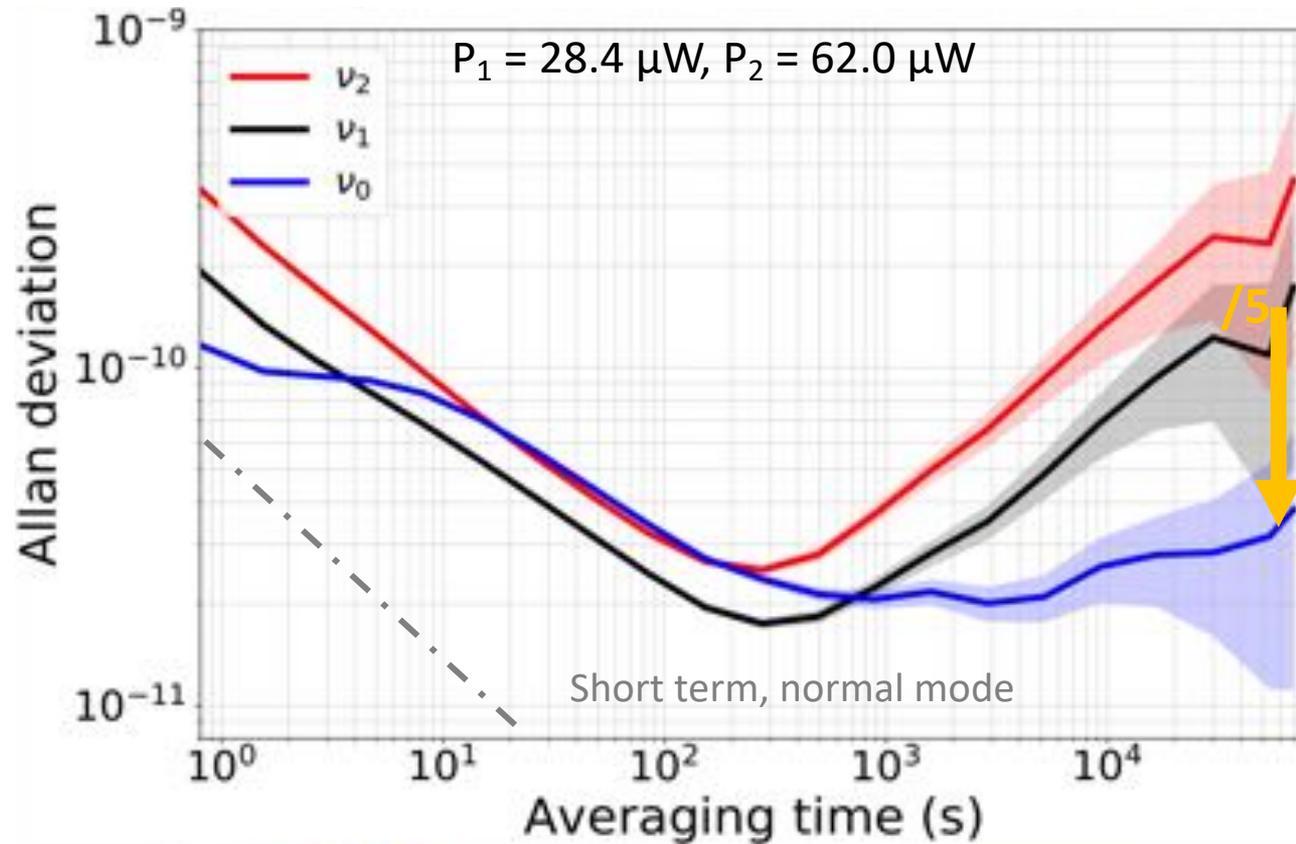
Yes, we can! But...

- A simple polynomial law is not universal
- Accuracy is lost if the fit is local



→ **Robustness goes with knowledge of an analytical function**

# Frequency stability measurements



- $\eta_1 = \eta_2 = 0.5$  (no optimization of short-term)
- Short term 5 times worse than in standard operation
  - ❖ Affected by servo gain
- 5 times reduction of the instability @60000 s vs. @ $P_1$  (10 times vs.  $P_2$ )
  - ❖ Improvement limited by another unknown long-term effect

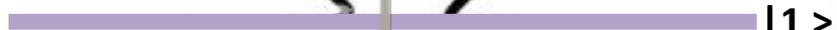
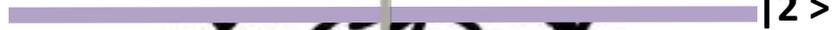
# Conclusion

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- ✓ Two methods were implemented on a CPT clock in order to reduce light shifts, only playing with the sequence:
  - ✓ In pulsed regime, ABR-CPT  $\rightarrow$  sensitivity / 100
  - ✓ In CW regime, ACS-CPT  $\rightarrow$  sensitivity / 170 with the cubic approximation
- ✓ In both cases, a significant impact was observed on the long-term instability
- ✓ No degradation of the short-term is also possible
- ✓ Symmetrization as a solution for atomic memory

THE END

$|2\rangle$



$|1\rangle$

